Missouri American Water MR340 "GRANNY'S" SUPPORT TEAM GUIDE

Updated 2023

Heidi and Larry Scroggins
(Granny & Pappy)

WELCOME!

Welcome to the challenge and excitement of supporting paddlers participating in the Missouri American Water MR340. Many teams design a team name and logo to be displayed on team shirts, hats, or leggings. It really helps to have a team visual for the paddlers to identify their crew. A team cart is really handy to get supplies from the vehicle to the paddler.

A first aid kit is a must but hopefully not needed. Band-Aids, sunscreen, scissors, Neosporin, Tums, ace bandage, Advil, Tylenol, Tecnu detox wipes for relief from poison ivy, cold packs, Kleenex, toilet paper (stores nicely in a plastic coffee tub), hand soap and washcloth, Vaseline, wet wipes, muscle rub.

Creature comforts: lawn chairs, sunscreen, bug spray, hats, sunglasses, air mattress, blankets, umbrella for sun and rain.

Mylar emergency blankets are required for each paddler. They are very handy for the support crew. They're also a good emergency item in the car afterwards. Buy 10 and help others who forgot theirs.

Flashlights with extra batteries.

A toolbox put together by your paddlers with tools and parts anticipated as needed by your paddlers.

Trash bags for wet clothes, quarters for laundry, and laundry soap.

Nap when you can. Your brain needs to be working better than your paddler’s.

Get gas any time you can, you are traveling farther and slower than usual.

Bring ice.

Set multiple alarms. Timers are great too, and prevent mixing up AM/PM.

Bet on your paddler. Be ready for them well in advance of their expected arrival.

GRANNY'S DRIVING DIRECTIONS FOR THE MR340

Check-In from Noon - 8pm Monday. Security will be on duty starting and boats may be left at Kaw Point. Do **NOT** leave paddles, electronic devices, etc.

Hilton Garden Inn is a handy place to stay. (520 Minnesota Ave, KCKS 66101)

User should verify all directions prior to start of race! There is always construction somewhere!

From the East: Take I-70 West and exit on 423 D right onto Fairfax Trafficway.
Turn right at the light into parking lot entrance.
Head South along the business parking lot and into the entrance of the Kaw Point parking lot.

From the West: Take I-70 East to 5th St. going north. Continue to Minnesota Ave and turn left.

From the South on US Hwy 71 (now Hwy 49): take US Hwy 49 north to exit 197 left for I-670 W towards Kansas. Take exit 1A for Central Ave. Turn right onto US-169 N/US-40 E/I-70 E ramp. Take exit 423B for James St toward 3rd St. Use any lane to turn slightly right onto N 3rd St. Turn right onto Fairfax Trafficway. Turn Right toward Levee Road. Sharp right stay on Levee Road. Enter Kaw Point!

From the South on I-35: Take I-35 N, take exit 234 for US-169/7th Street towards Rainbow Blvd, Use left 2 lanes to turn left onto US-169 N/7th St (signs for 7th St Trafficway). Use right lane to take ramp to I-70 E. Take exit 423B for James St toward 3rd St. Use any lane to turn slightly right onto N 3rd St. Turn right onto Fairfax Trafficway. Turn Right toward Levee Road. Sharp right stay on Levee Road. Enter Kaw Point!

From the North on I-35: take I-70 West to the Minnesota Ave exit (423C). As you are passing thru downtown KCMO, be sure to stay on I-70 West (also 24 West).

CHECKPOINTS AND CUTOFF TIMES:

CP #1: Kaw Point, RM 367.5,

Race Begins, 7am for solos, 8am for teams, Tuesday

CP #2: Waverly, RM 293.5, (74 miles)

8pm Tuesday

Leg average: 5.69 mph for solos, 6.17 mph for tandems

CP #3 - Glasgow, RM 226.1, (68 miles)

4pm Wednesday

Leg average: 3.4 mph

CP #4 - Wilson's Serenity Point at Noren Access (Jeff City), RM 144, (82 miles)

4pm Thursday

Leg average: 3.42mph

CP #5 - Hermann, RM 97.7, (46 miles)

8am Friday

Leg average: 2.88mph

CP #6 - Klondike, RM 56.3 (42 miles)

4pm Friday

Leg average: 5.25 mph

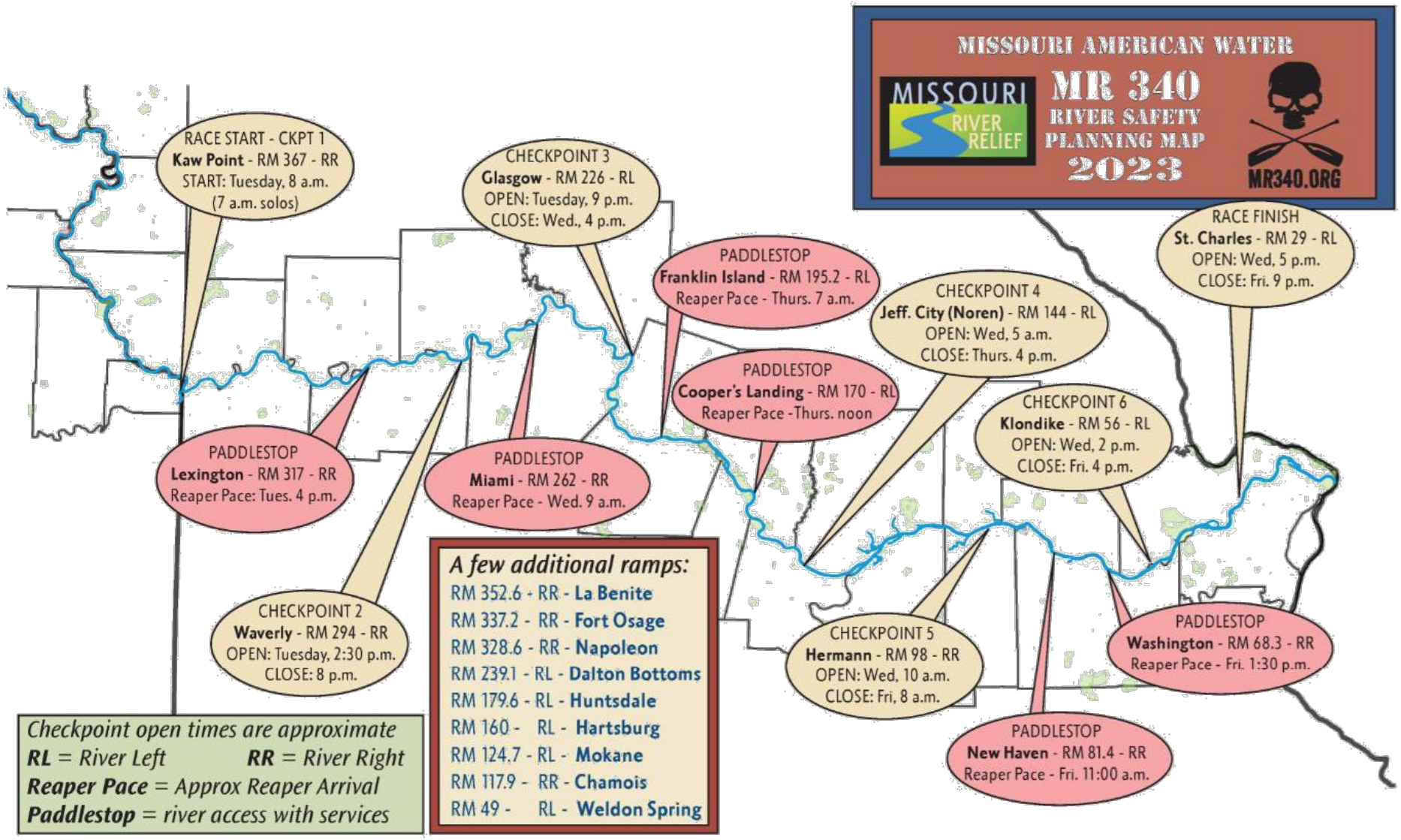
FINISH LINE - St. Charles, RM 28.8, (27 miles)

9pm Friday

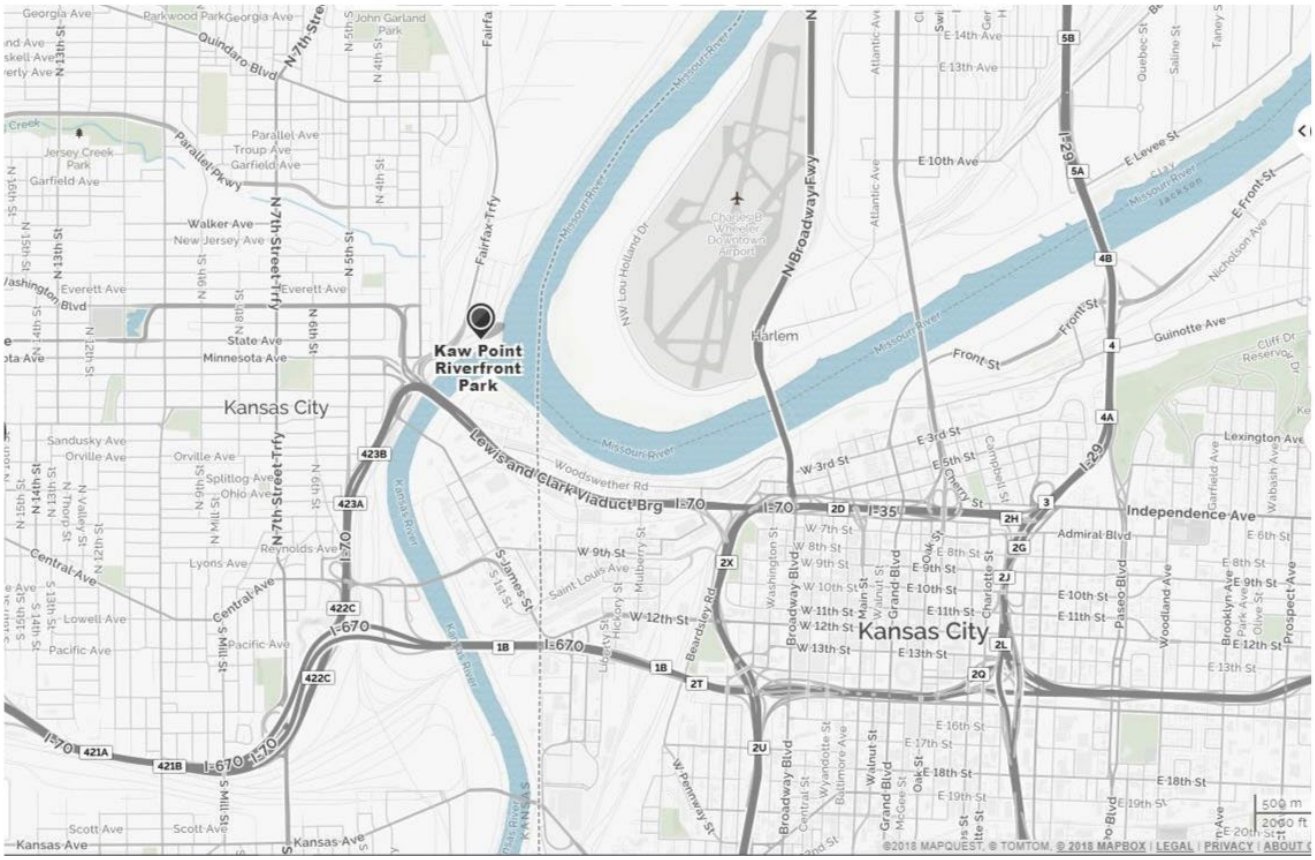
Leg average: 5.4mph

85 hours for 8am start (4mph)

86 hours for 7am start (3.95mph)


MISSOURI AMERICAN WATER
MISSOURI RIVER RELIEF
MR 340
RIVER SAFETY
PLANNING MAP
2023
MR340.ORG
RACE START - CKPT 1
Kaw Point - RM 367 - RR
START: Tuesday, 8 a.m.
(7 a.m. solos)
CHECKPOINT 3
Glasgow - RM 226 - RL
OPEN: Tuesday, 9 p.m.
CLOSE: Wed., 4 p.m.
PADDLESTOP
Franklin Island - RM 195.2 - RL
Reaper Pace - Thurs. 7 a.m.
CHECKPOINT 4
Jeff. City (Noren) - RM 144 - RL
OPEN: Wed, 5 a.m.
CLOSE: Thurs. 4 p.m.
RACE FINISH
St. Charles - RM 29 - RL
OPEN: Wed, 5 p.m.
CLOSE: Fri. 9 p.m.
PADDLESTOP
Cooper's Landing - RM 170 - RL
Reaper Pace -Thurs. noon
CHECKPOINT 6
Klondike - RM 56 - RL
OPEN: Wed, 2 p.m.
CLOSE: Fri. 4 p.m.
PADDLESTOP
Lexington - RM 317 - RR
Reaper Pace: Tues. 4 p.m.
PADDLESTOP
Miami - RM 262 - RR
Reaper Pace - Wed. 9 a.m.
CHECKPOINT 2
Waverly - RM 294 - RR
OPEN: Tuesday, 2:30 p.m.
CLOSE: 8 p.m.
A few additional ramps:
RM 352.6 - RR - La Benite
RM 337.2 - RR - Fort Osage
RM 328.6 - RR - Napoleon
RM 239.1 - RL - Dalton Bottoms
RM 179.6 - RL - Huntsdale
RM 160 - RL - Hartsburg
RM 124.7 - RL - Mokane
RM 117.9 - RR - Chamois
RM 49 - RL - Weldon Spring
CHECKPOINT 5
Hermann - RM 98 - RR
OPEN: Wed, 10 a.m.
CLOSE: Fri, 8 a.m.
PADDLESTOP
Washington - RM 68.3 - RR
Reaper Pace - Fri. 1:30 p.m.
PADDLESTOP
New Haven - RM 81.4 - RR
Reaper Pace - Fri. 11:00 a.m.
Checkpoint open times are approximate
RL = River Left RR = River Right
Reaper Pace = Approx Reaper Arrival
Paddlestop = river access with services

Kaw Point Park



MR340 Driving Directions Legend

RR: River Right as you face the same way the current flows.

RL: River Left as you face the same way the current flows.

RM: River Mile from the MO River Navigational Charts.

BOLD LETTERING IN CAPS - CHECKPOINT TO CHECKPOINT DIRECTIONS You are only required to check in and out at Checkpoints, and that process is completed with the RaceOwl system. Be sure to read all about RaceOwl in the **Race Tracking section of our website**.

Paddlestops between checkpoints You might want to view your paddler's progress & re-supply them instead of re-supplying at the crowded checkpoints. Paddlestops are places where there will be a volunteer and safety boat presence. And sometimes a food vendor is available.

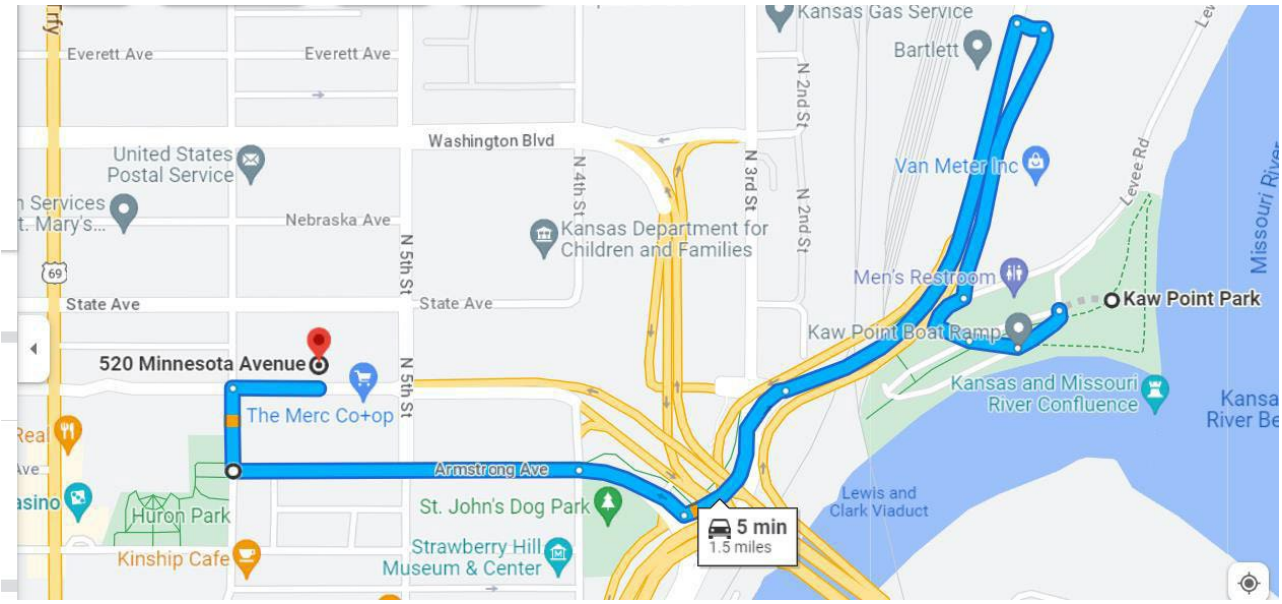
Time & Mileage - so you have an **approximate** idea to get from place to place.

MDC - Missouri Department of Conservation.

CR - County Road

Kaw Point to Hilton Garden Inn

520 Minnesota Ave, Kansas City, KS 66101



From Kaw Point (race start)

- Head west on River City Dr. toward Fairfax Trafficway
- Turn **left** onto Fairfax Trafficway
- Turn **right** at Armstrong Avenue
- Continue straight onto Armstrong Avenue
- Turn **right** onto N 6th St
- Take the 1st **right** onto Minnesota Avenue. Destination on **left**

The following directions are in several formats and arrangements. It is up to you to read them and make a plan for your driving in consultation with your paddlers. Your first consideration should be which vehicle to drive. You want something you can handle easily on dark country road but large enough to give you room to breathe, rearrange stuff, and possibly sleep. The River mileage is 340 from Kaw Point to St. Charles but you **WILL** be driving over 550 miles if you follow all along the way. You may prefer to drive checkpoint to checkpoint directly. Then again you may like seeing your paddler along the way at other sites that are less crowded and could also work as re-supply stops. Before the race do yourself a favor and have some idea of where you will be driving. Get a free MO State Map from:
http://www.modot.org/asp/request_information.shtml?map

All 114 Missouri county maps are available in a PDF format at:
http://www.modot.org/newsandinfo/CountyMaps.htm

One more note before we start

I cut the map up and taped it together so it made a long map going across the entire state of MO. Then I traced the river in bright blue marker and highlighted all the checkpoints. Lastly, I highlighted in a different color the extra viewing places available that we might choose to use.

Visit www.modot.mo.gov/ again close to race day and check for detours along the MR340 route. Every year there is at least one major detour somewhere along the route. If you use a GPS or Googlemaps.com on your phone, take the time BEFORE the race and enter the coordinates and mark each spot. If you deviate from the given route to go to a Walmart or a McDonalds, you have to be able to figure out how to get back on track to arrive at the location to which you were headed.

I can't possibly list every driving direction that you may need or want. You have to have a map, a GPS, or availability to use googlemaps.com.

Lastly, be sure to print out the directions that follow with a large enough font that a driver can read them while driving in strange territory. You can't expect these directions to do much good if they are printed in size 2 font. Every direction to a major checkpoint from another checkpoint is on its own page in **LARGE CAPS & bold** print. Bind the directions, staple them or put them in a notebook so they aren't flying around loose in your vehicle.

Every parking spot at every ramp or viewing spot is going to be needed. Please be considerate and only use parking spots for parking. Please do not use a parking spot for sitting in the shade of your vehicle, putting up a tent shade or other uses. Use parking spots only for parking a vehicle and find other bank space for tents and chairs. Many thanks!!

Don't get stressed out! There will be plenty of people around to help you if you just ask. Buddy up with someone whose paddler seems to be going the same speed as your paddler.

Good luck and enjoy yourself!

Love, Granny

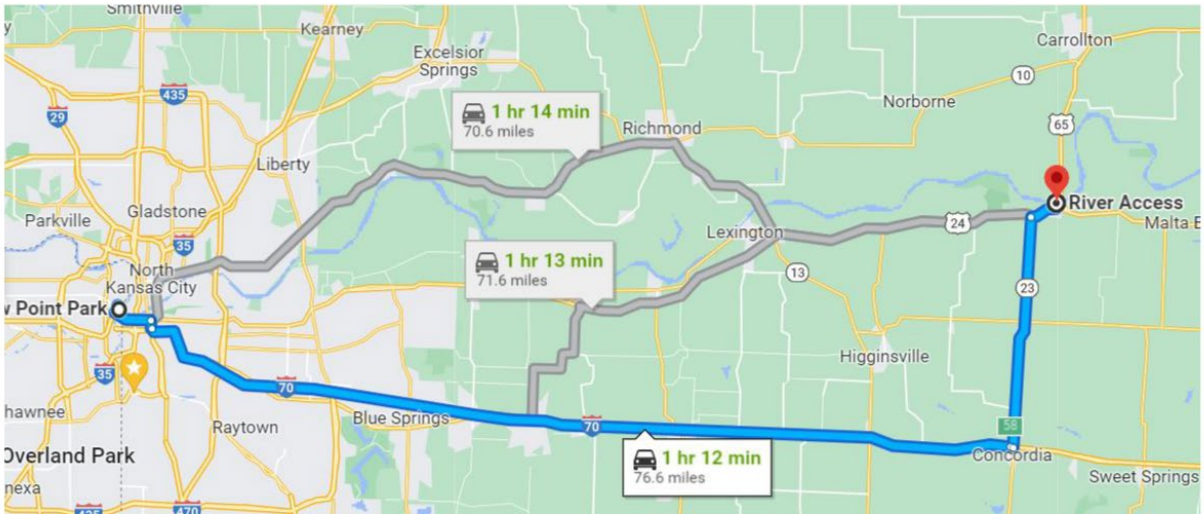
Next up...

KAW POINT CP#1 TO WAVERLY CP #2

RR RM 293.5

76.6 mi 1 hour 12 minutes

CP #2 CLOSES 8pm TUESDAY



1. Get on I-70 E/US-24 **E** from Fairfax Trafficway
2. Follow I-70 E to MO-23 **N** in Concordia. (59 miles)
3. Take **exit 58** from I-70 E
4. Continue on MO-23 N. (14.6 miles)
5. Turn **right** onto US-24 (1.9 miles)
6. Turn **left** onto Old Bridge St (0.4 miles)
7. Turn **right** onto E Thomas Dr (0.3 miles)
8. Turn **left** into access

Kaw Point to Lexington River Access

RR RM 316.4

55.8 miles 1 hour 9 mins

1. Turn **left** onto River City Dr.
2. Turn **left** onto Fairfax Trafficway
3. Merge onto I-70 E/US 24 E via the ramp to St. Louis entering MO **(keep right)**
4. Take the exit onto I-70 E/US 24 E/US 40 E/ US 49 S towards St. Louis, continue to follow I-70 E (38.5 miles)
5. Take **exit 41** for Missouri O/Missouri M toward Lexington/Mayview
6. Turn **left** onto St Hwy O/St Hwy M, continue to follow St Hwy O (9.3 miles)
7. Turn **right** to stay on St Hwy O (1.1 miles)
8. Continue onto MO 13 N (2.6 miles)
9. Turn **left** onto Main St (0.2 miles)
10. Turn **right** onto N 10th St (0.4 miles)
11. Slight **right** to stay on N 10th St (0.1 miles)
12. Slight **left**. Destination will be on the **right**

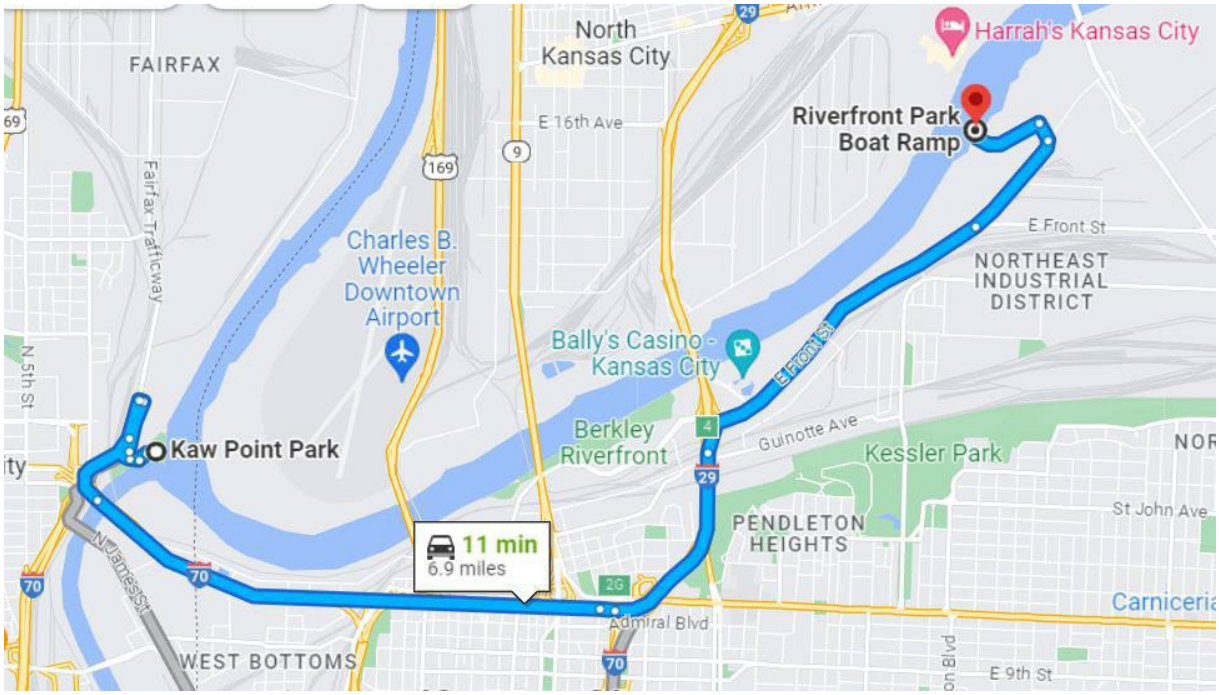
It will take your paddler 6 plus hours to paddle from Kaw Point, the race start, to Lexington. There are a lot of things to do along the way and a big variety of shopping. <u>It is great fun to follow the paddlers along the way and cheer at locations other than checkpoints</u>. By following your paddler, it also helps get all the support teams spread out and not all landing at a checkpoint at once. It will only take the first paddlers 20-25 minutes to reach Riverfront Ramp East. If you plan to go there leave Kaw Point before the canon fires or you will miss them. I prefer seeing the paddler's fronts instead of their backs and they should be on the river in position long before the start anyway giving you plenty of time to see them at Riverfront East. It is quite a site to see hundreds of boats coming down the Mighty MO!

Kaw Point Park to Riverfront Park Boat Ramp

RR RM 363.1

6.7 miles 15 minutes

This is a great place to see your paddler and "fix" any problems that might have come up in the first 5 miles of the race. Maybe they tipped at the start and lost all their water, maybe their rudder needs adjusting, you certainly don't want them to continue with a major problem like these or have to go back to Kaw Point to fix the problem, but you also don't want them stopping unless there is a real emergency that can be fixed.



Suggested route from Kaw Point to Riverfront Park East

- Turn **left** on Fairfax Trafficway (0.2 miles)
- Slight **right** onto I-70 E/US-24 E ramp to St. Louis (0.4 miles)
- Merge onto I-70 E/US 24 E (2.4 miles)
- Use the **left lane** to take exit 2G for I-29 N/I-35 N/US-71 N toward St Joseph/Des Moines
- Keep **left** to merge onto I-29 N/I-35/US-71 N. (0.9 miles)
- Take the **Front St** exit, EXIT 4. (1.6 miles)
- Keep **right** to take the **Front St** ramp
- Merge onto E Front St.
- **Keep left** to continue on River Front Dr (0.5 miles)
- Turn **slight left** onto N Monroe Ave (463 feet)
- Turn **left** onto Riverfront Park (0.3 miles)

If leaving Kaw Point in time to get to Riverfront Park East and see the paddlers doesn't happen, that doesn't mean you can't join in the fun of seeing the paddlers at the next viewing location.

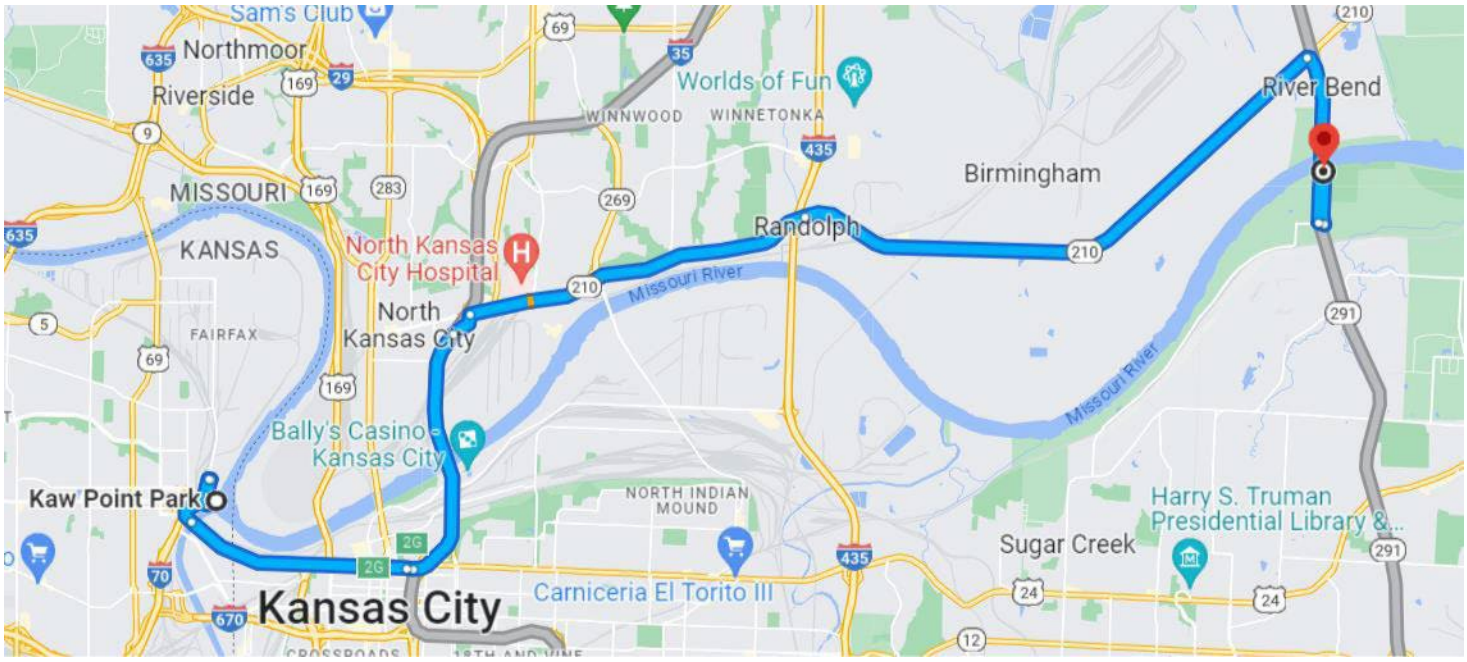
The following are directions to go from Kaw Point directly to LaBenite Park. It will take your paddler over 1 hour to paddle to LeBenite so you have plenty of time to drive there.

Kaw Point to LeBenite Park Access Ramp

RR RM 352.6

18.7 miles 27 minutes

Ramp, bathrooms, tables, nice view

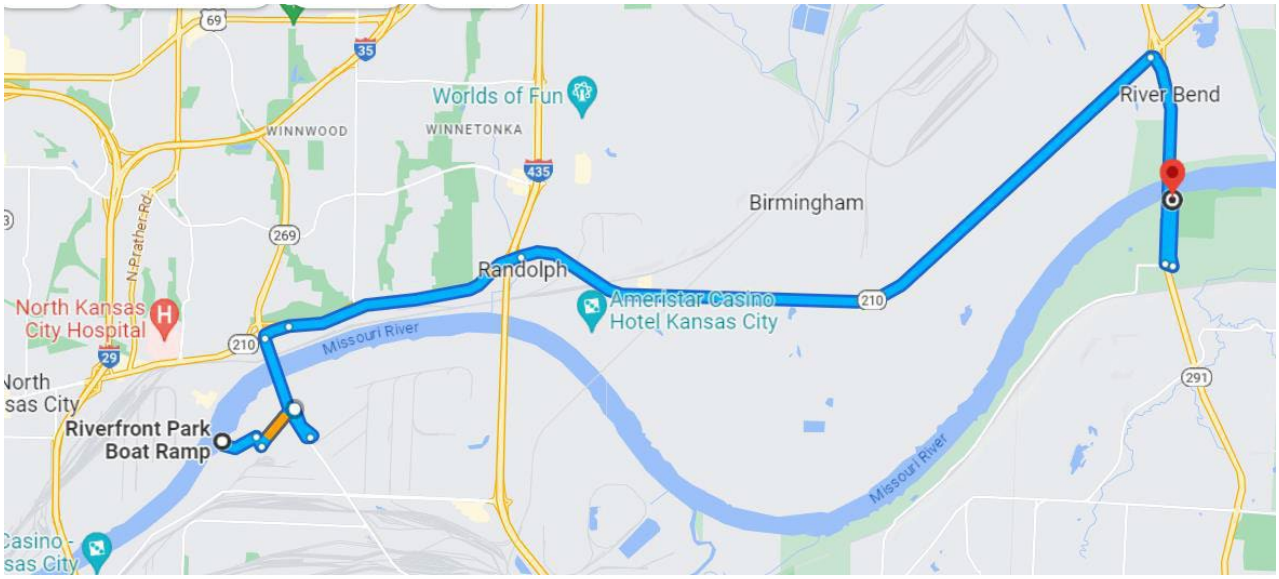


- Turn **left** on Fairfax Trafficway
- Slight **right** onto I-70 E/US-24 E ramp to St. Louis
- Merge onto I-70 E/US 24 E
- Use the **left lane** to take exit 2G for I-29 N/I-35 N/US-71 N toward St Joseph/Des Moines (2.4 miles)
- Keep **left** to merge onto I-29 N/I-35/US-71 N. (2.8 miles)
- Take the **MO-210/Armour Rd** exit, EXIT 6
- Turn **right** onto Armour Rd**/**MO-210.
- Continue to follow MO-210 (9.8 miles)
- Turn **right** to merge onto MO-291 S/ toward **Independence**.
- Go **south** on N STATE ROUTE 291 (1.8 miles)
- Turn **left** onto N Courtney Road (354 feet)
- Turn **left** to ramp (0.6 miles)

Riverfront Park Boat Ramp to LeBenite Park Access Ramp

RR RM 352.6

12.8 miles 20 minutes



- Take the 1st **right** to stay on Riverfront Park.
- Turn **right** onto N Monroe Ave (463 feet)
- Turn **left** onto River Front Dr (0.4 miles)
- River Front Dr turns right and becomes N Chouteau Trafficway (0.3 miles)
- Turn **right** onto Stilwell St (102 feet)
- Turn **slight right** onto N Chouteau Trafficway (0.9 miles)
- Merge onto MO-210 E and continue (10 miles)
- Turn **right** to merge onto MO-291 S/ toward **Independence**.
- Go **south** on N STATE ROUTE 291 (1.8 miles)
- Turn **left** onto N Courtney Road (354 feet)
- Turn **left** to ramp (0.6 miles)

LeBenite Park Access Ramp to Ft Osage/Sibley Access Ramp

RR RM 337.2

18.5 miles 28 minutes

<u>NO bathrooms or water, nice view</u>

- Head **south** toward N Courtney Rd
- Turn **right** onto N Courtney Rd (217 feet)
- Turn **left** onto MO-291 S (2.9 miles)
- Turn **right** onto ramp to Lexington
- Turn **left** onto US-24 E (10.6 miles)
- Turn **left** to onto N Buckner Tarsney Rd (2.8 miles)
- Turn **left** on Chicago Ave (390 feet)
- Turn **right** on Santa Fe St (0.9 miles)
- Turn **right** on E Atherton Sibley Rd (0.2 miles)
- Arrived at ramp

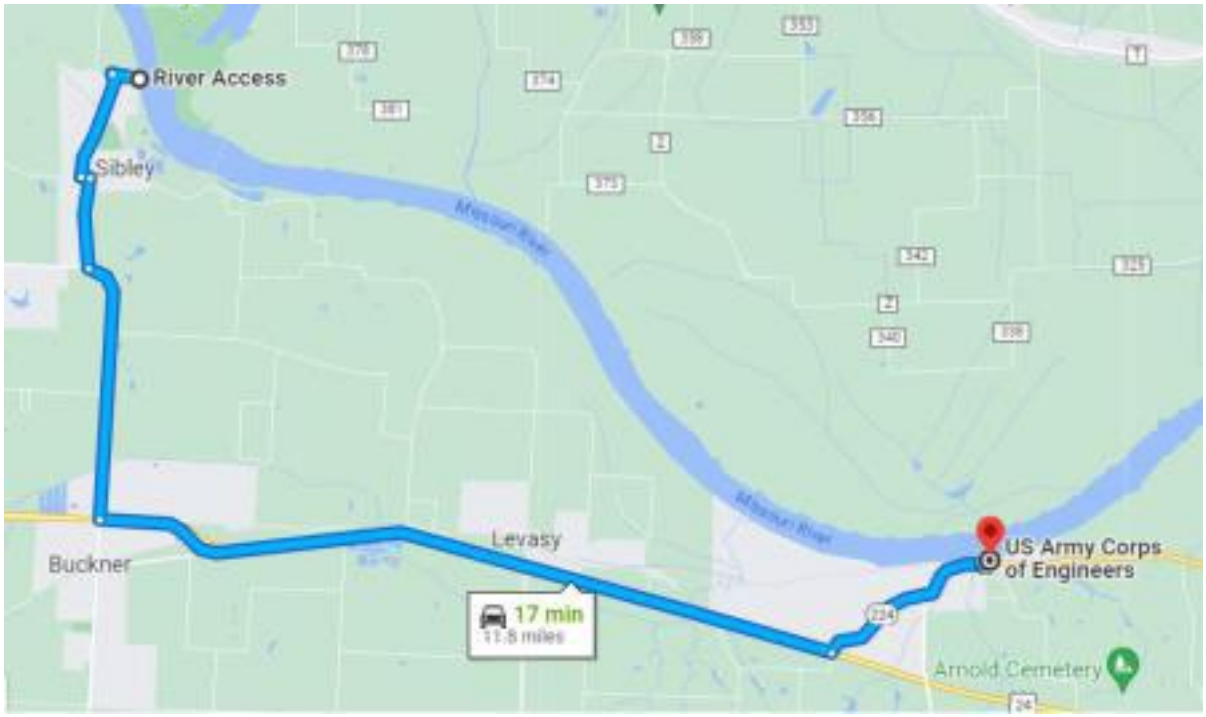
In case you're inclined, there is a Ft. Osage replication and museum that is really neat and cheap. Take the first right after the one lane bridge. The museum is air conditioned and has restrooms. Kids love playing in the old fort out back. There is no outhouse or clean water at the ramp.

Parking is very limited at the ramp but there is plenty at the museum and you can walk down to the ramp from there.

Ft Osage/Sibley Access Ramp to US Army Corps of Engineers Napoleon

RR RM 328.6

11.7 miles 20 minutes



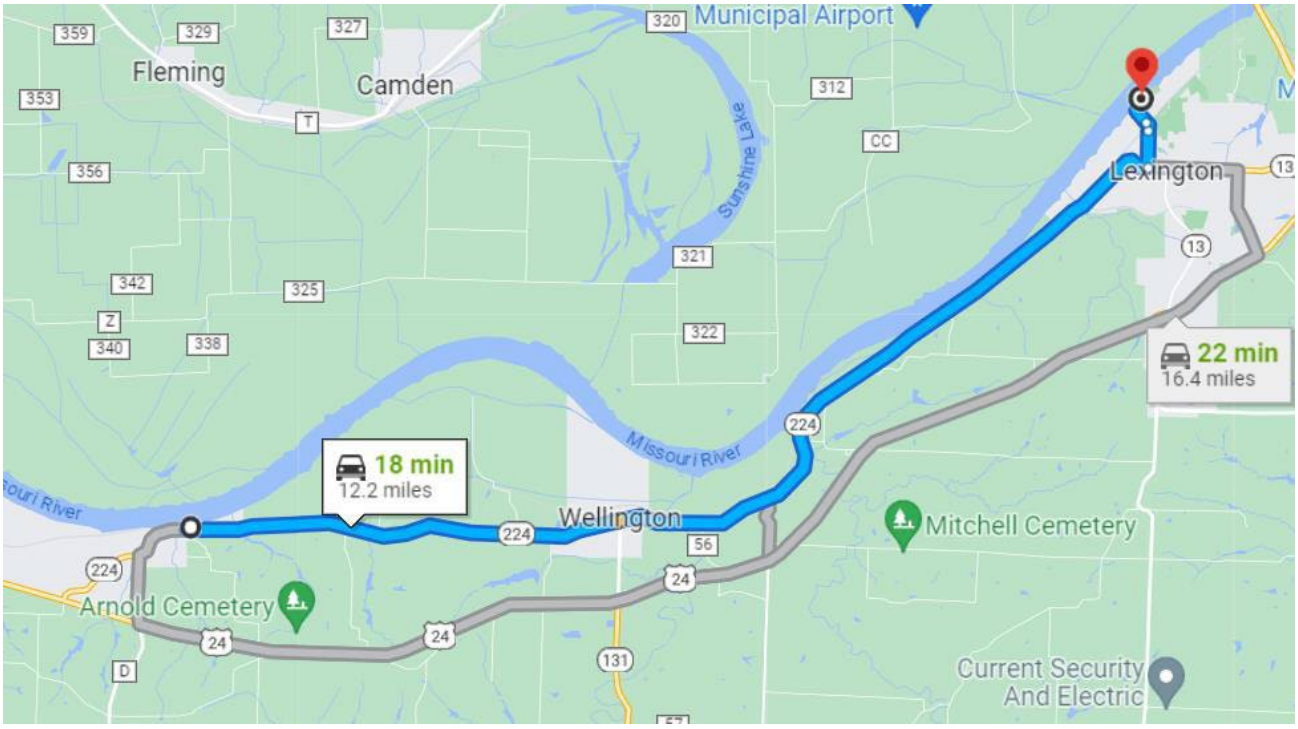
- Start out going **West** on E Atherton Sibley Rd toward Santa Fe St (0.2 miles)
- Turn **sharp left** onto Santa Fe St (0.9 miles)
- Turn **left** onto Chicago Ave (390 feet)
- Turn **right** onto Buckner Tarsney Rd (0.7 miles)
- Turn **left** to stay ono N Buckner Tarsney Rd (2.1 miles)
- Turn **left** onto E Monroe St**/**US-24 E. Continue to follow US-24 E (6.1 miles)
- Turn **left** onto MO-224/Highway 224 (1.6 miles)
- Turn **left** onto Riverview Dr (233 feet)
- 315 RIVERVIEW DR is on the **left**.

Basically - retrace your route back to Highway 24 and turn left (east), take 224 toward Napoleon but do not take the business route, there isn't anything there but a bank. The river access is at the east end of the town. There is a Corp of Engineers building and a ramp that is only open to the public on the MR340 race day. If you are there any other day you will NOT have access to the ramp, building or their parking lot. On race day the people have always been really nice and let us use their restrooms and get water. There is lots of shade in the park which by this time in the day is really welcome. It is a great place to restock your paddler and have them just wave at you at Lexington because the crowds will still be huge at this time in the race.

US Army Corps of Engineers Napoleon to Lexington River Access Ramp

RR RM 316.4

12.2 miles 18 minutes



- Start out going **south** on Riverview Dr toward E Highway 224/MO-224 (233 feet)
- Take the 1st **left** onto E Highway 224**/**MO-224. Continue to follow MO-224 (11.4 miles)
- Turn **slight right** onto Broadway St/MO-224
- Turn **slight left** onto Main St/MO-224
- Take the 2nd **left** onto 10th St (0.4 miles)
- Slight right to stay on 10th St and continue to the river (0.4 miles)

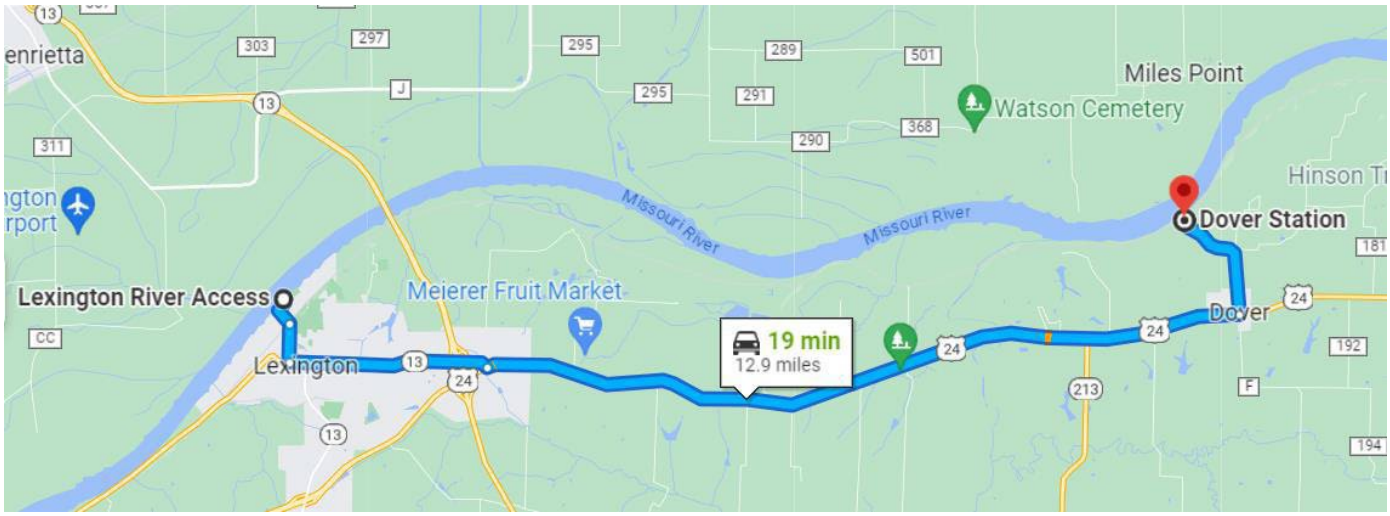
The Lexington square is fun with lots of shops and a couple good restaurants and of course a McDonalds. Take 10th Street North to get to the river. Here there is an outhouse, not much shade and whoever sets up their fundraiser is usually very nice!

Places to pick up supplies:

- Nuts And Bolts Lexington, 750 MO-13, Lexington, MO 64067
- The nearest Walmart is in Richmond, MO

Lexington River Access Ramp to Dover Station

RR RM 305.5
12.9 miles 21 minutes
Nothing here! Steep bank!



- Start out going south on N 10th St toward Missouri St (0.7 miles)
- Turn **left** onto Main St/MO-224. Continue to follow MO-224 (2.2 miles)
- Turn **left** onto Highway 24/US-24 E. Continue to follow US-24 E (8.6 miles)
- Turn **left** onto Mill St**/**MO-P. Continue to follow MO-P (1.3 miles)
- 21124 COUNTY ROAD 177 is on the **right** (384 feet)

This is **NOT** a great location! It will work in a pinch. Once Pappy's water container leaked after Lexington and I was able to throw him a replacement at Dover Station. In 2012, it was an OK location to throw the team ice socks and watermelon to help combat the heat. You can go down the steep bank or if they will take the time there is a cove just right for them to pull into to get stuff.

Lexington Access Ramp to Waverly Access Ramp(s) CP#2

RR RM 293.5

21.4 miles 29 minutes

CP #2 CLOSES 8pm TUESDAY

Ramp, running water, restrooms at top of hill before ramp.

THERE ARE 2 RAMPS AT WAVERLY THIS IS TO WAVERLY RAMP #1 (Port of Waverly)

- Start out going south on N 10th St toward Missouri St (0.7 miles)
- **Turn left onto Main St/**MO-224. Continue to follow MO-224. (2.2 miles)
- Turn **left** onto Highway 24**/**US-24 E. Continue to follow US-24 E. (18.1 miles)
- Turn **left** onto **Main St,** in Waverly (0.4 miles)
- Ramp at end of street

HOW TO GET TO SECOND WAVERLY RAMP (See note below)

- Turn **left** onto Main St (there is a Port of Waverly Sign) (0.3 miles)
- Turn **right** onto Thomas St (459 feet)
- There is a small jaunt to the **left** but stay on Thomas St. (0.3 miles)
- Go past Old Bridge Road
- Go **under** the Hwy 24 River Bridge that crosses the Missouri River
- 2nd Waverly is on the **left**, can't miss it!

WAVERLY HAS TWO RAMPS!

Second Waverly has lots of parking! A table under a pavilion and running water. This is a better place to be because the first ramp will be very congested.

Places to stop if need supplies:

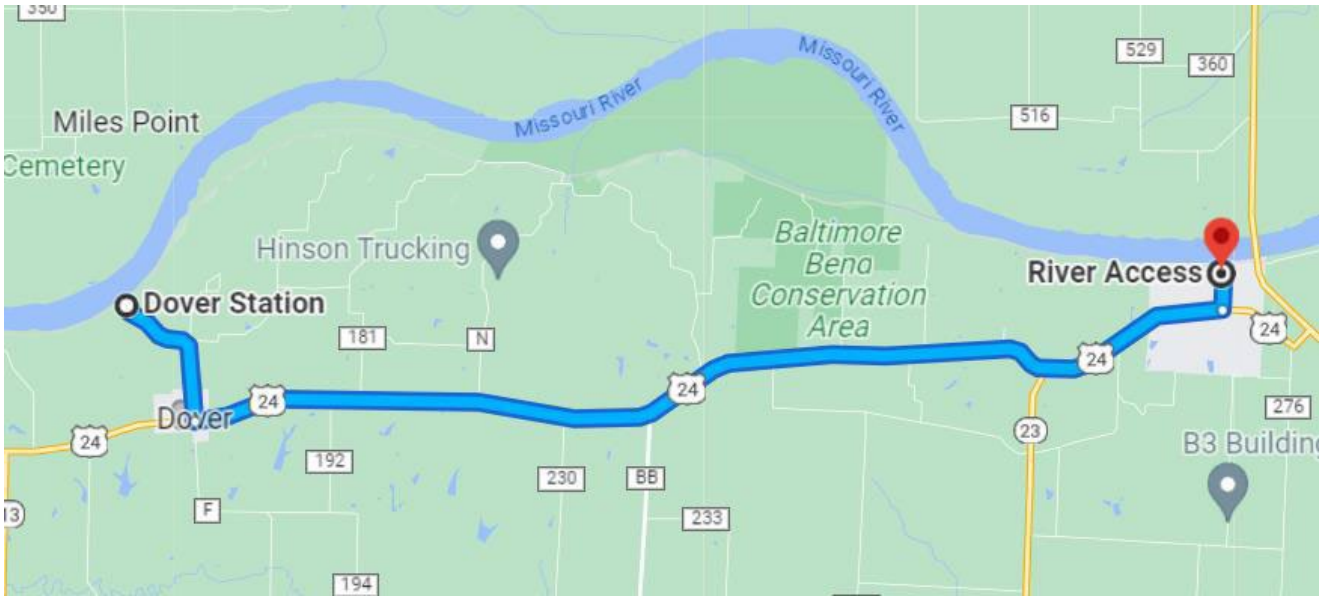
- Casey's general store, 8239, 319 E Walnut St, Waverly, MO 64096

Dover Station to Waverly Access Ramp(s) CP #2

RR RM 293.5

11.3miles 17 minutes

CP #2 CLOSES 8pm TUESDAY



- Start out going **southeast** on Dover Depot Rd (384 feet)
- Turn **slight right** onto MO-P**/**County Road 177. Continue to follow MO-P (1.3 miles)
- Take the 3rd **left** onto Main St**/**US-24 E. Continue to follow US-24 E. (9.8 miles)
- Turn **left** onto **Main St,** in Waverly (0.4 miles)
- Ramp at end of street

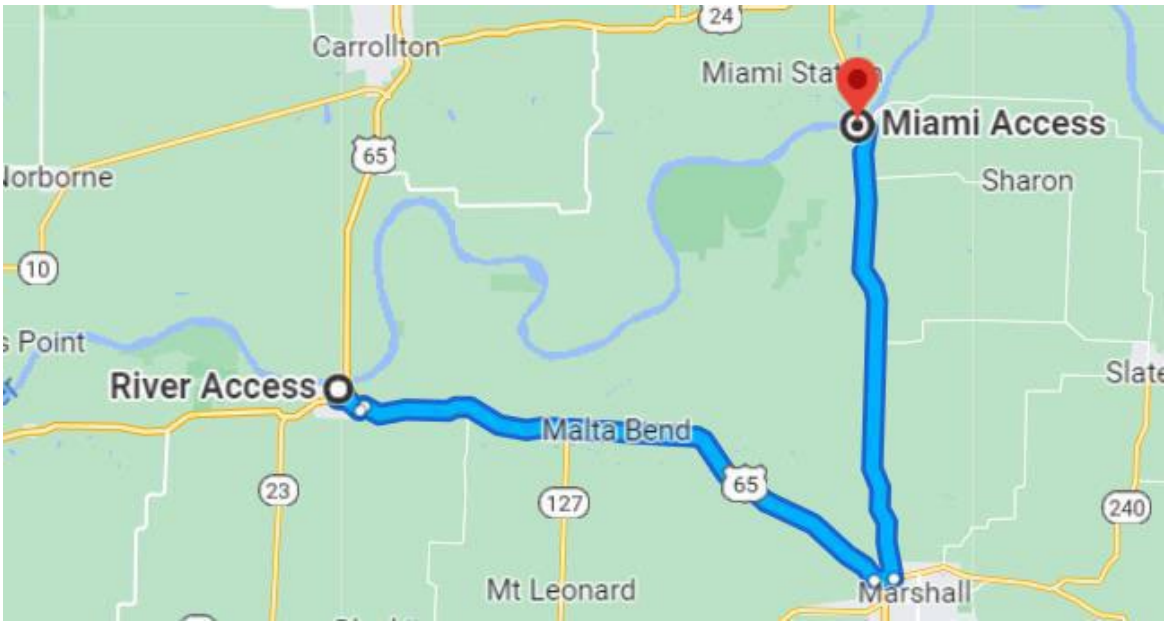
Places to eat or get supplies in Waverly:

- Waverly Apple BBQ,: 601 Old Bridge St, Waverly, MO 64096
  - Air conditioned, BBQ, salads, pies and malts
  - Please call (660) 493-2122 if you are going to stop so they have an idea of how many will be coming.
  - Closes at 8pm
- Casey's General Store, 8239: 319 E Walnut St, Waverly, MO 64096

Waverly Access Ramp(s) CP #2 to Miami Access

RR RM 262.8

33.1 miles 38 minutes



* Going the route through Marshall is the best way. The other routes are only a savings of 5 minutes, the country roads are not well marked and are gravel. Enjoy the blacktop and head through Marshall!

- Go back out on Main St (0.4 miles)
- Take a **lef**t onto W Walnut St/US-24 E (0.8 miles)
- Turn **left** onto US-24 E/Highway 24 (0.2 miles)
- Turn **right** onto US-65 S**/**N Saline 65 Hwy. Continue to follow US-65 S (17.2 miles)
- Turn **left** onto Santa Fe Trail/US-65 Bus S/MO-240 (0.6 miles)
- Turn **left** onto N Miami Ave**/**MO-41. Continue to follow MO-41. (13.6 miles)
- Turn **left** onto E Mechanic St. (0.2 miles)
- Turn **right** onto N Main St. (0.3 miles)
- To the ramp

If you continue South on 65 and **DO NOT** turn onto Santa Fe Trail, you will come to a Walmart, Supercenter, 855 Cherokee Drive, Marshall, MO 65340, 660-886-6852. Near Walmart there is a McDonalds and many other restaurants and motels. Remember to retrace your route back North on 65 and turn right on Santa Fe Trail to continue to Miami.

The town's people of Miami are great! Several years ago, fishermen complained to the Cons Dept about not being able to use the ramp. Therefore, the Conservation agents have been out enforcing strict guidelines for NOT leaving a boat on the ramp even for a few minutes. They have orange comes set up everywhere and it really limits the number of vehicles that can be in the parking lot. The faithful that sell food do a good job and even have pancakes Wednesday morning.

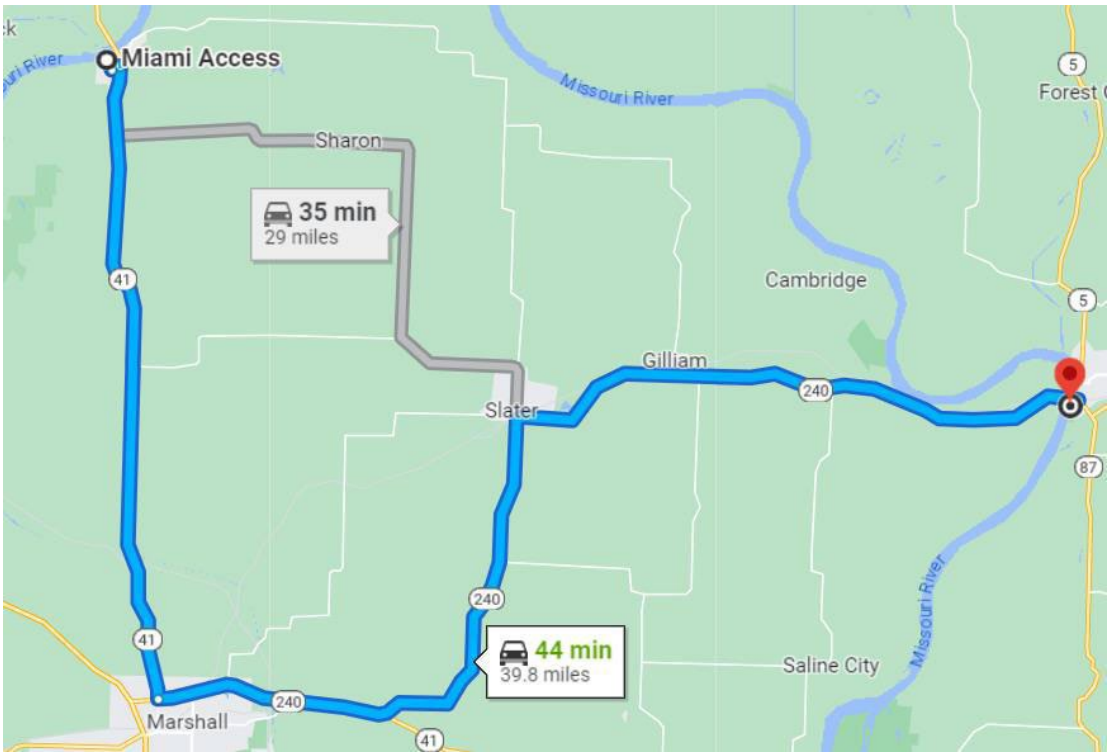
Attention Campers: Camping is very limited & no water at Miami. Check out https://mostateparks.com/park/van-meter-state-park for camping information.

Miami to Glasgow Boat Ramp CP #3

RL RM 226.1

39.8 miles 48 minutes

CP #3 CLOSES 4pm WEDNESDAY



- Start out going Southeast on Main St (0.3 miles)
- Turn **left** onto E Mechanic St (0.2 miles)
- Turn **right** onto N Highway 41/MO-41 S (13.6 miles)
- Take the 2nd **left** onto Santa Fe Trail**/**MO-41**/**MO-240. Continue to follow MO-240 (25.4 miles)
- Turn **right** onto Clay St/Old Hwy 87 (112 feet)
- Turn **right** to stay on Clay St/Old Hwy 87 (0.2 miles)
- Turn **right** onto Stump Island Dr (72 feet)
- Turn **right** onto Stump Island Park Rd (384 feet)
- Arrived

This is one example of how there is more than one way to “skin a cat” or in this case drive from place to place. I choose to illustrate going from Miami to Glasgow via 41 and 240 even though it is 10 minutes longer than the 240 route via county roads because it is much easier driving with less country roads and turns. Especially in the middle of the night this can be very helpful. Also, by this time of the race you may want a Walmart, restaurant, or even a motel and you are right there by everything in Marshall. Study the maps and choose the route that best works for you.

You can see Stump Island by looking right from the 240 Bridge across the MO River.

If you continue South on 65 and **DO NOT** turn onto Santa Fe Trail, you will come to a Walmart, Supercenter, 855 Cherokee Drive, Marshall, MO 65340, 660-886-6852. Near Walmart there is a McDonalds and many other restaurants and motels. Remember to retrace your route back North on 65 and turn right on Santa Fe Trail to continue to Miami.

Miami to Dalton Bottoms Access

RL RM 239.1

28.8 miles 38 minutes

Much of your decision as to where to view/meet your paddler depends on what time of day or night our paddler will be going by any given destination. You can take the southern route from Miami to Glasgow with a possible stop in Marshall for a Walmart or restaurant or you could go the northern route if there is a need for a resupply or viewing at Dalton Bottoms. In the 2012 340 several teams used Dalton Bottoms for a resupply point and several teams had to DNF there. It is WAY out from the main roads. Once again, it is included just as an FYI.

- Start out going Southeast on Main St (0.3 miles)
- Turn **left** onto E Mechanic St (0.2 miles)
- Turn **left** onto N Highway 41/MO-41 N (4.3 miles)
- Turn **right** onto US 24 E (12.4 miles)
- Turn **right** onto Co Rd MM (4.2 miles)
- Turn **right** onto Co Rd J (5.0 miles)
- Turn **left** (Namrash Rd) (1.0 mile)
- Turn **right** (0.8 miles) destination will be on the left.

Dalton Bottoms Access to Glasgow Boat Ramp CP #3

RL RM 226.1

31.4 miles 42 minutes

CP #3 CLOSES 4pm WEDNESDAY

- Turn **left** (0.2 miles)
- Turn **right** (0.5 miles)
- Turn **left** toward Co Rd J (1.1 miles)
- Turn **right** on Co Rd J (8.3 miles)
- Turn **right** onto US 24 E (7.7 miles)
- Slight **right** turn onto MO 5 S (13.4 miles)
- Turn **right** onto Commerce St (0.1 miles)

(Casey's will be on your left)

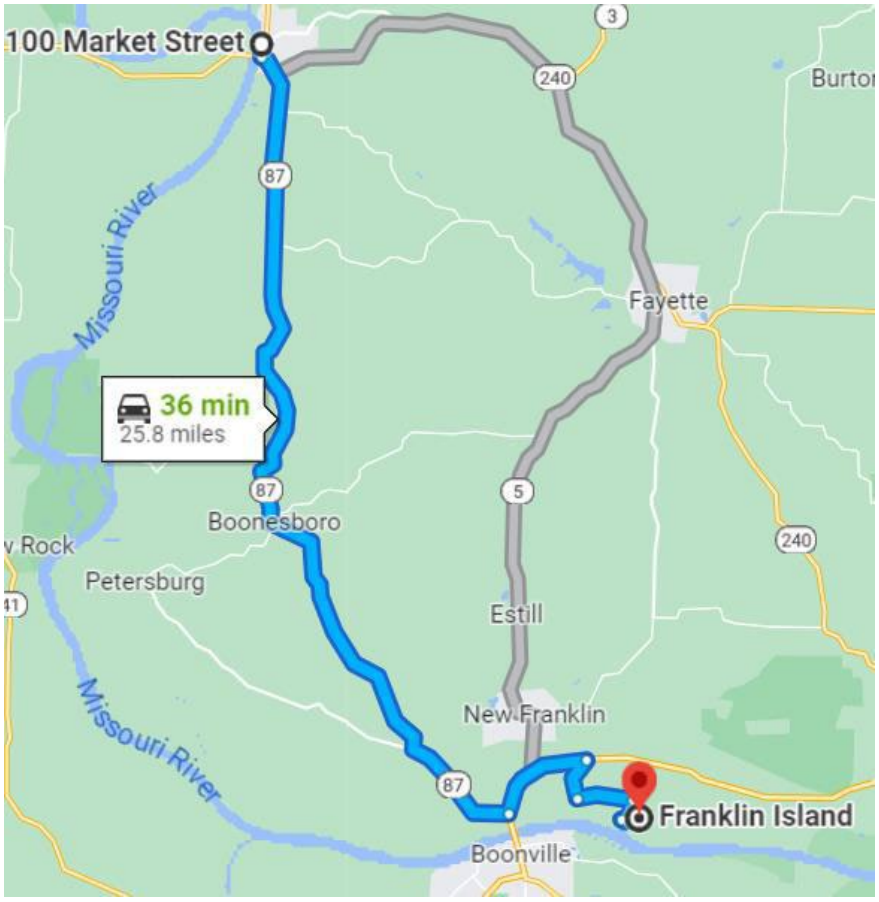
- Turn **left** onto 1st St (0.4 miles)
- Turn **left** onto MO-240/MO-5/MO-87 S (318 feet)
- Take the **1st right** onto Clay St (112 feet)
- Turn **right** to stay on Clay St/Old Hwy 87 (0.2 miles)
- Take the 1st **right** onto Stump Island Dr (72 feet)
- Turn **right** onto Stump Island Park Rd (384 feet)
- Arrived

Glasgow Boat Ramp CP #3 to Franklin Island Access

RL RM 195.2

23.6 miles 31 minutes

No bathrooms or water, just lots of ground and a ramp for viewing.



- Head **Northeast** on Stump Island Dr toward Stump Island Park Rd (384 feet)
- Turn **left** to stay on Stump Island Dr (72 feet)
- Turn **right** onto Old Hwy 87 (0.9 miles)
- Turn **right** onto MO-87 S (18.9 miles)
- Turn **left** onto US-40 E (2.3 miles)
- Turn **right** onto Co Rd 465 (1.3 miles)
- Curves **right** (256 feet)
- Turn **left** (154 feet)

★ If you need a Walmart at this point in your trip there is one really close by right before Franklin Island.

★ When you come to the intersection of MO-87 and US-40 W, turn right onto MO-5/MO- 87 S/US 40 W continue to follow MO 87 S 1.5 mi

★ Continue onto Main St

★ Continue onto State Hwy B

★ Turn left into the Walmart parking lot - 2150 Main St, Boonville, MO 65233 (660)882- 7422 Open 24 hrs.

★ Continue on Main St. if you need a 24-hour McDonalds, 490 Americana, Boonville, MO (660) 882-2740.

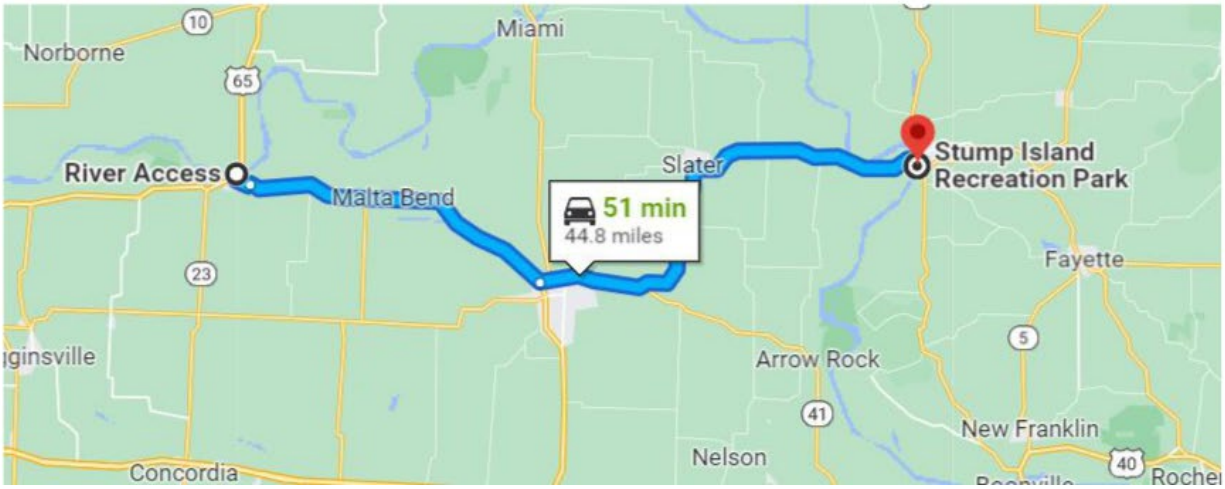
★ There are also several other restaurants and motels in Boonville.

WAVERLY CP #2 TO GLASGOW RIVER ACCESS CP #3

RL RM 226.1

44.7 miles 51 minutes

CP #3 CLOSES 4pm WEDNESDAY



- Head south on Main St toward E Kelling Ave (0.4 miles)
- Turn left onto US-24 E/E Walnut St (0.2 miles)
- Turn left onto US-24 E (0.8 miles)
- Turn right onto US-65 S (17.2 miles)
- Turn left onto MO-240 E/Santa Fe Trail (25.9 miles)
- Turn right onto Clay St/Old Hwy 87 (112 feet)
- Turn right to stay on Clay St/Old Hwy 87 (0.2 miles)
- Turn right onto Stump Island Dr (72 feet)
- Slight right onto Stump Island Park Rd (384 feet)
- River access ahead

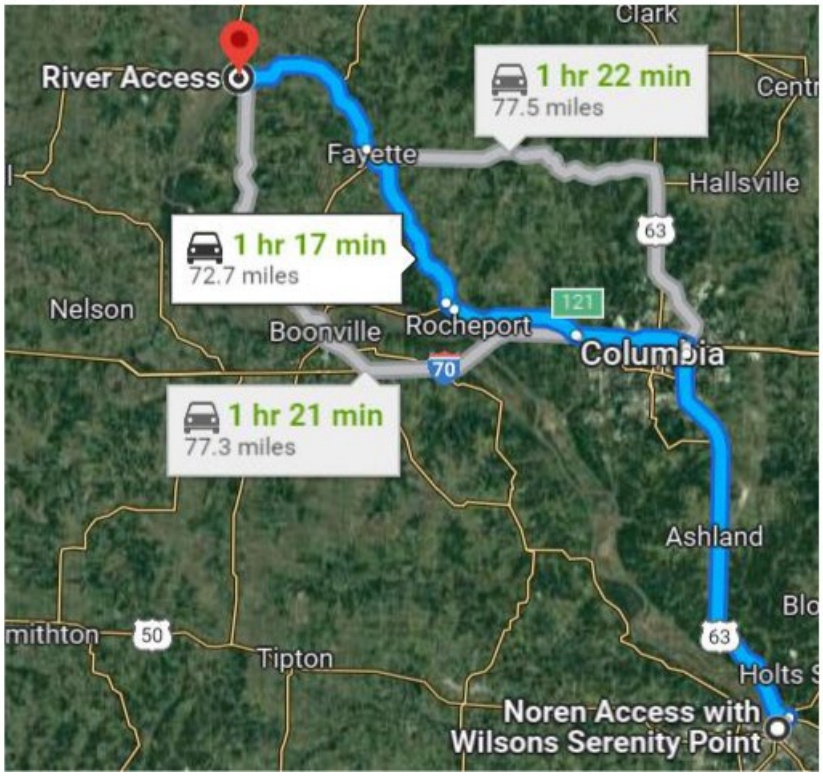
GLASGOW BOAT RAMP CP #3 TO JEFFERSON CITY CP #4

Wilson's Serenity Point at Noren Access

RL RM 144

72.7 miles 1 hour 17 minutes

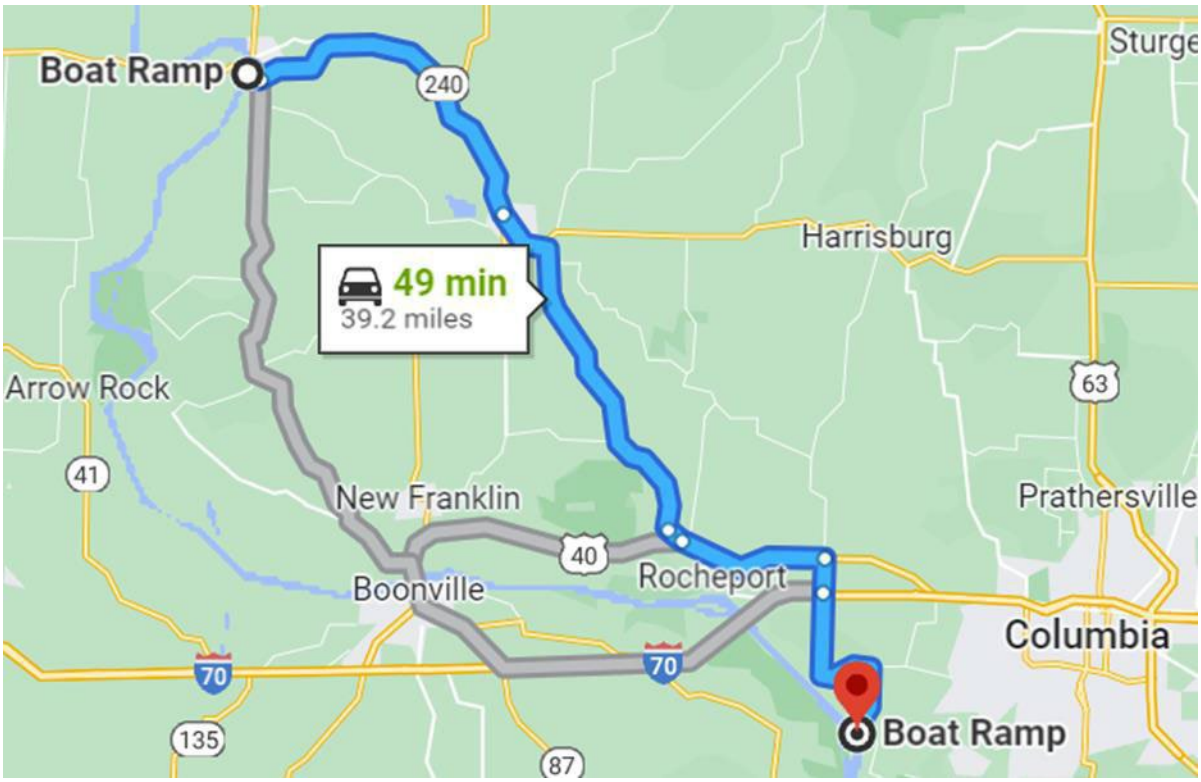
CP #4 CLOSES 4pm THURSDAY



- Head east on Stump Island Park Rd toward Stump Island Dr (384 feet) ●Turn **left** onto Stump Island Dr (72 feet)
- ●Turn **left** onto Old Hwy 87 (0.2 miles)
- ●Turn **left** onto Clay St/Old Hwy 87 (112 feet)
- ●Turn **right** onto MO-240 E/MO-5 S/MO-87 S (0.4 miles)
- ●Turn **left** onto MO-240 E/MO-5 S (12.0 miles)
- ●Turn **slight left** onto N Church St**/**MO-240. Continue to follow MO-240. (12.8 miles)
- Slight **left** toward MO-240 E and merge onto MO-240 E (0.6 miles)
- Turn **left** onto US-40 E (9.1 miles)
- Use the left lane to take the I-70 E/US-40 E ramp
- Continue on I-70 E for (7.2 miles)
- Take EXIT 128A toward **I-70 Connector S/US-63 S/Jefferson City/Moberly** (0.1 miles)
- Keep **right** at the fork, follow signs for US-63 S/Jefferson City and merge onto I-70 connector (0.1 miles)
- Use the **right** two lanes to take the **US-63 S** ramp (26 miles)
- Turn right toward Renz Farm Rd (154 ft)
- Turn **left** onto Renz Farm Rd (1.3 miles)
- Continue onto Cedar City Rd (0.4 miles)
- Turn **right** onto 4th St (0.2 miles)
- Turn **left** onto Cottonwood St (0.6 miles) Arrived

Glasgow Boat Ramp CP #3 to Huntsdale Ramp / Katfish Katy's

RL RM 179.6
39.2 miles 49 minutes

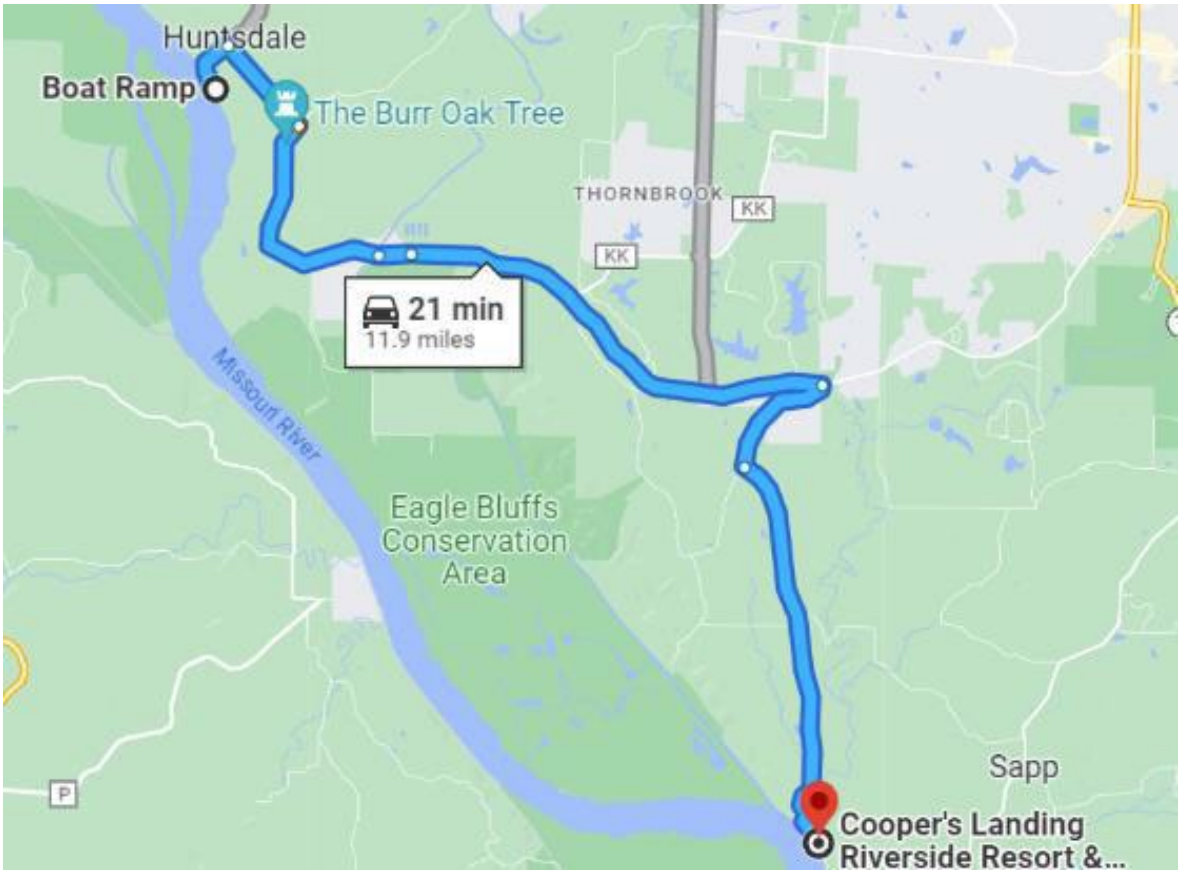


- Head east on Stump Island Park Rd toward Stump Island Dr (384 feet)
- Turn **left** onto Stump Island Dr (72 feet)
- Turn **left** onto Old Hwy 87 (0.2 miles)
- Turn **left** onto Clay St/Old Hwy 87 (112 feet)
- Turn **right** onto MO-240 E/MO-5 S/MO-87 S (0.4 miles)
- Turn **left** onto State Highway 240**/**MO-240**/**MO-5 (12.0 miles)
- Turn **slight left** onto N Church St**/**MO-240 (12.8 miles)
- **Slight left** toward MO-240 E (463 feet)
- Merge onto MO-240 E (0.6 miles)
- Turn **left** onto US-40 E (5.0 miles)
- Turn **right** onto State Hwy J (1.1 miles)
- Stay **straight** to go onto State Hwy O/N Rte O (6.5 miles)
- Continue straight onto Sarr St
- Destination will be on the left

Look carefully at the next few pages. There are MANY routes to get between Katfish Katy's and Jefferson City. BEWARE: YOU PROBABLY HAVE TO CHOOSE ONE. They are so close together you can't get to all of them while your paddler paddles from one to the other. Cooper's does have a small store that includes food & ice if you/your paddler so desire. There is very limited camping. Hartsburg Access is just a ramp. It is a good choice if you/your paddler need something from Wal-Mart or food from McDonalds because you can easily go west on Broadway to Ashland's McDonalds or stop in Columbia and still make it to Hartsburg before your paddler. Choices to made either in your pre-race plan or on the fly.

Huntsdale Ramp / Katfish Katy's to Cooper's Landing

RL RM 170.2
11.9 miles 21 minutes

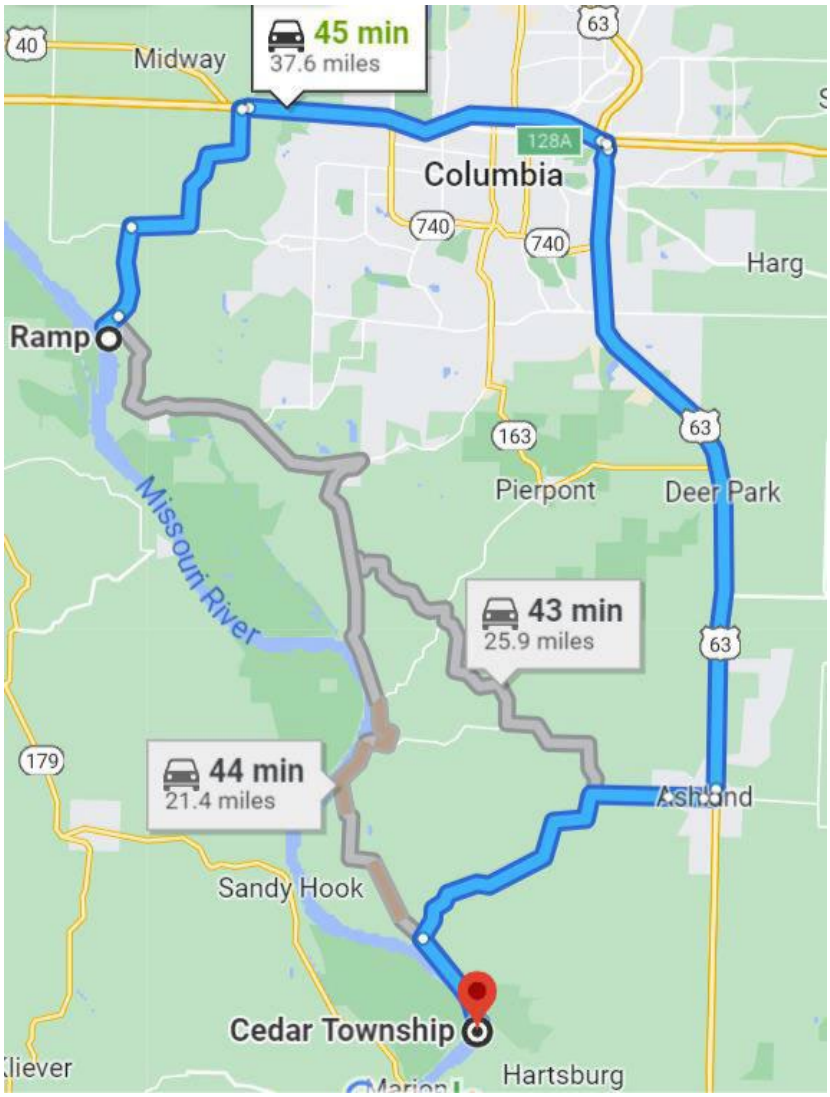


- Head **north** on Sarr St toward Katy Trail/Missouri-Kansas-Texas Trail (0.5 miles)
- Turn **right** onto Grocery Branch Rd (0.9 miles)
- Grocery Branch Rd turns **right** and becomes Burr Oak Rd (2.0 miles)
- Continue onto Perche Ave (0.3 miles)
- Continue onto W Rte K (3.8 miles)
- At the traffic circle, take the **1st exit** onto Old Plank Rd S (1.0 miles)
- Turn **left** onto S Smith Hatchery Rd (3.4 miles)
- Destination will be on the **right**

Huntsdale Ramp / Katfish Katy's to Hartsburg Access

RL RM 159.8
37.6 miles 45 minutes
With a stop at Ashland's McDonalds (opens at 5:30am, closes at 11:00pm)

(The reason I chose to include this route is that it only takes 2 more minutes than the MO Rte K 163 S – 63 S route and I figure if a McDonalds is needed perhaps something else is needed and there are unlimited restaurants, stores and motels in Columbia. The Ashland McDonalds is the closest one to the Hartsburg Access ramp if food is being taken to meet your paddlers)



- Head northeast on Sarr St toward Katy Trail/Katy Trail State Park/Missouri (0.6 miles)
- Continue onto Missouri O/Sarr St. Continue to follow Missouri O (1.9 miles)
- Turn **right** onto W Rte UU/W Hwy UU Continue to follow W Hwy UU (4.1 miles)
- Turn **right** to merge onto I 70 E/US 40 E (7.3 miles)
- Take exit 128 A toward I-70 Connector S (0.1 miles)
- Keep **right** at the fork, follow signs for UA-63 A/Jefferson City and merge onto I-70 Connector S (0.1 miles)
- Use the **right** 2 lanes to take the ramp onto US-63 S (13.5 miles)
- Slight **right** follow signs for Gurhrie/Ashland (0.2 miles)
- At the traffic circle take the 2nd exit and stay on E Broadway (0.7 miles)
- Continue onto E Rte M (6.6 miles)
- Turn **left** onto S River Rd (2.1 miles)

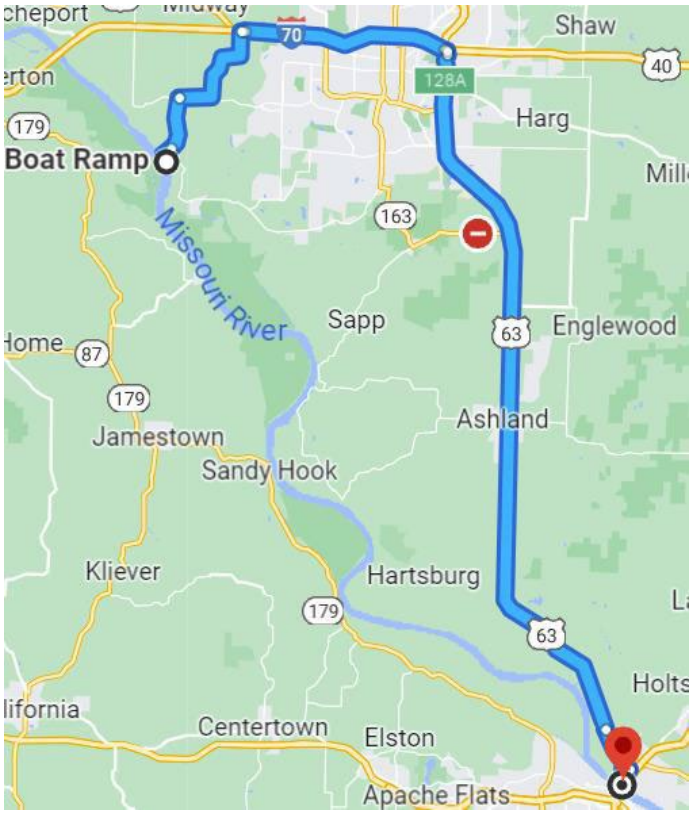
Huntsdale Ramp / Katfish Katy's to Jefferson City CP #4

Wilson's Serenity Point at Noren Access

RL RM 144

42.8 miles 43 minutes

CP #4 CLOSES 4pm THURSDAY



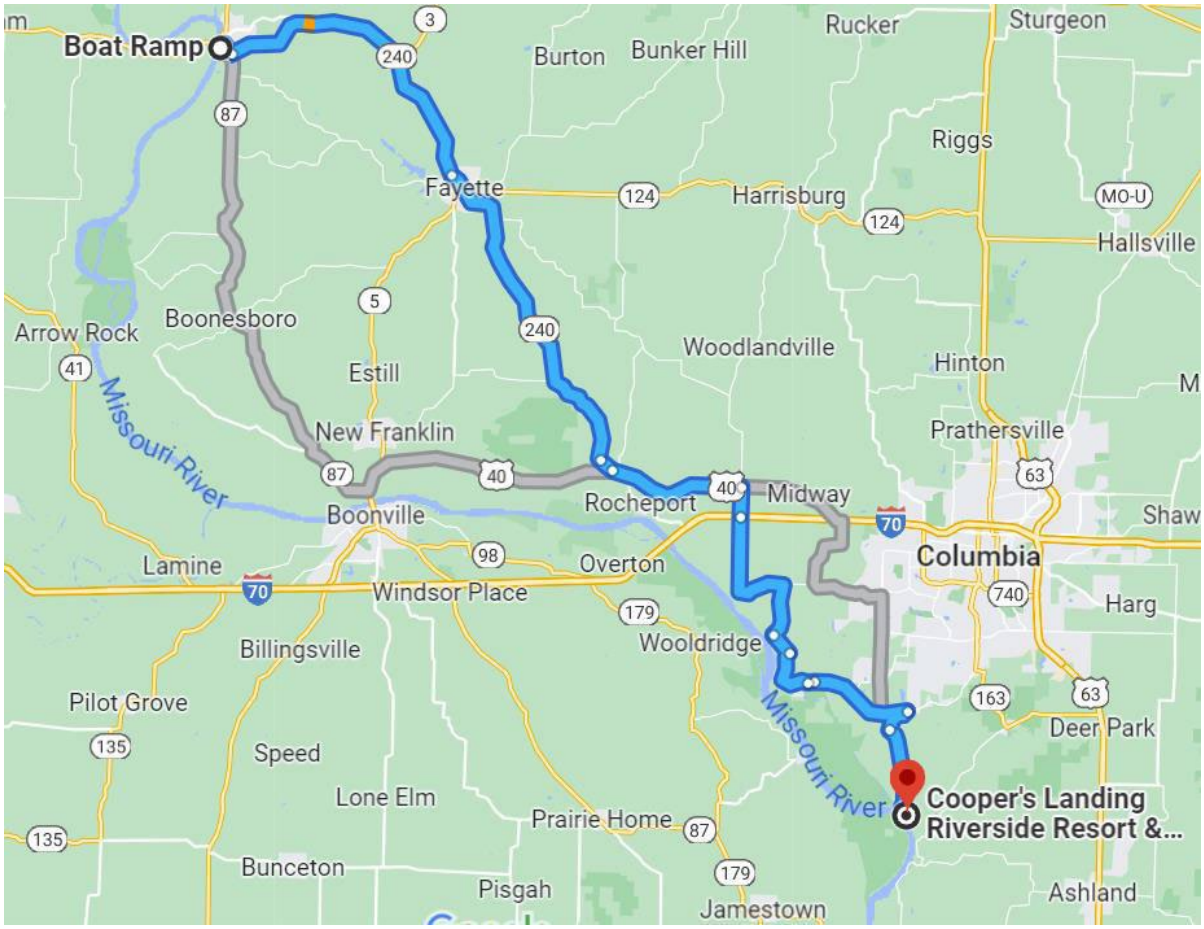
- Head northeast on Sarr St toward Katy Trail/Katy Trail State Park/Missouri (0.6 miles)
- Continue onto Missouri O/Sarr St. Continue to follow Missouri O (1.9 miles)
- Turn **right** onto W Rte UU/W Hwy UU Continue to follow W Hwy UU (4.1 miles)
- Turn **right** to merge onto I 70 E/US 40 E (7.3 miles)
- Take exit 128 A toward I-70 Connector S (0.1 miles)
- Keep **right** at the fork, follow signs for UA-63 A/Jefferson City and merge onto I-70 Connector S (0.1 miles)
- Use the **right** 2 lanes to take the ramp onto US-63 S (26.0 miles)
- Turn **right** toward Renz Farm Rd (154 ft)
- Turn **left** onto Renz Farm Rd (1.3 miles)
- Renz Farm Rd becomes Cedar City Rd (0.4 miles)
- Turn **right** onto 4th St (0.2 miles)
- Take the 2nd **left** onto Cottonwood St. (0.6 miles)
- End of Cottonwood you have arrived

Glasgow Boat Ramp CP #3 to Cooper's Landing

11505 Smith Hatchery Road, Columbia, MO

RL RM 170.2

50.1 miles 1 hour 9 minutes

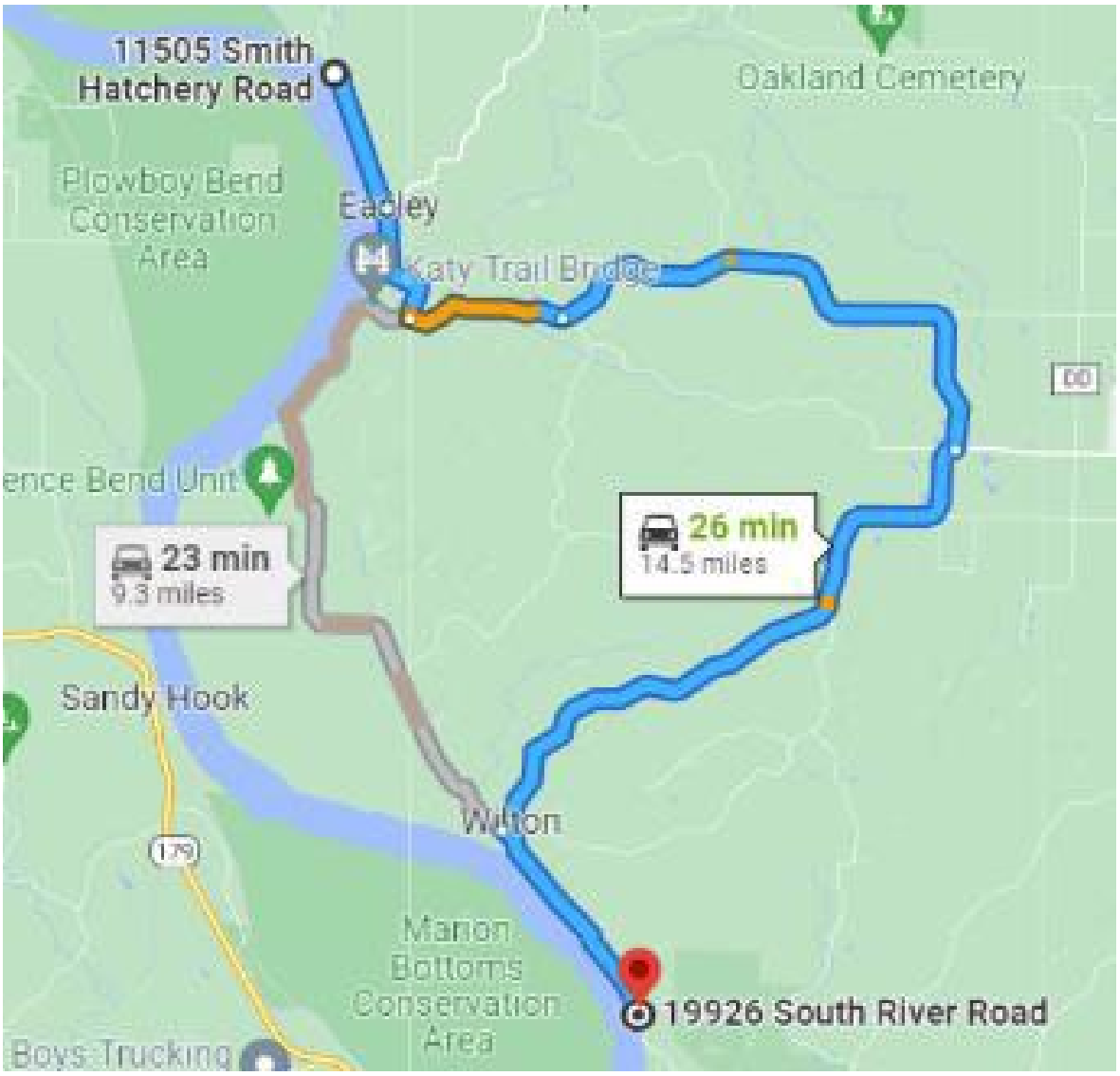


- Head east on Stump Island Park Rd toward Stump Island Dr (384 feet)
- Turn **left** onto Stump Island Dr (72 feet)
- Turn **left** onto Old Hwy 87 (0.2 miles)
- Turn **left** onto Clay St/Old Hwy 87 (112 feet)
- Turn **right** onto MO-240 E/MO-5 S/MO-87 S (0.4 miles)
- Turn **left** onto State Highway 240**/**MO-240**/**MO-5 (12.0 miles)
- Turn **slight left** onto N Church St**/**MO-240 (12.8 miles)
- **Slight left** toward MO-240 E (463 feet)
- Merge onto MO-240 E (0.6 miles)
- Turn **left** onto US-40 E (5.0 miles)
- Turn **right** onto State Hwy J (1.1 miles)
- Stay **straight** to go onto State Hwy O/N Rte O (6.5 miles)
- Turn **left** onto Grocery Branch Rd (0.9 miles)
- Grocery Branch Rd turns **right** and becomes W Burr Oak Rd (2.0 miles)
- Continue onto Perche Ave (0.3 miles)
- Continue onto W Rte K (3.8 miles)
- At the traffic circle, take the first exit onto S Old Plank Rd (1.0 miles)
- Stay **straight** to go onto S Smith Hatchery Rd (3.3 miles) Arrived.

Cooper's Landing to Hartsburg Access

RL RM 159.8

14.5 miles 36 minutes



- Start out going Southeast on Smith Hatcher Rd toward S Easley River Rd (272 feet)
- Smith Hatchery Rd turns slightly right and becomes S Easley River Rd (1.1 miles)
- Continue onto S Rippeto Rd (1.0 miles)
- Turn **left** onto W Harold Cunningham Rd (1.2 miles)
- Continue onto W Highway MM/E State Hwy MM (4.3 miles)
- Turn **right** onto E Route MMO-M (5.1 miles)
- Turn **left** onto S River Rd (1.8 miles)
- Access is on the right

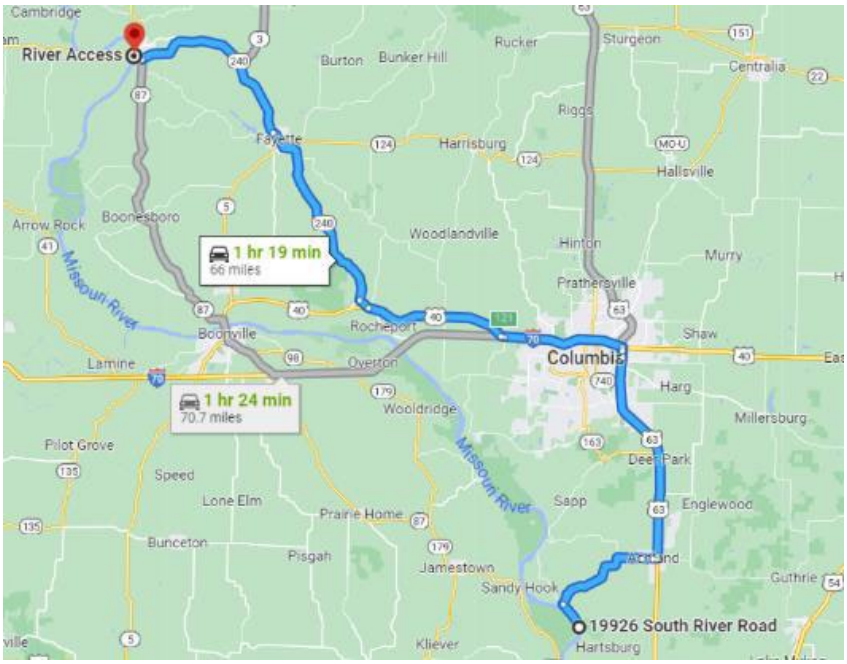
Glasgow River Access CP #3 to Hartsburg Access

19926 S River Rd

RL RM 159.8

66 miles 1 hour 19 minutes

Hartsburg Access is just a ramp. It is a good choice if you/your paddler need something from Walmart or food from McDonald's because you can easily go west on Broadway to Ashland or stop in Columbia and still make it to Hartsburg before your paddler. Choose to make either in the pre-race plan or on the fly.



- Start out going East on Stump Island Park Rd and take Stump Island Dr
- Turn **left** onto Old Hwy 87
- Turn **left** onto Clay St/Old Hwy 87
- Turn **right** onto MO-240 E/MO-5 S/MO-87 S (0.4 miles)
- Turn **left** onto MO-240 E/MO-5 S (12.0 miles)
- Slight **left** onto MO-240 E/N Church St (12.8 miles)
- Slight **left** toward MO-240 E and merge (0.6 miles)
- Turn **left** onto US-40 E (9.1 miles)
- Use the **left lane** to take the I-70 E/US-40 E ramp and merge onto I-70 E (7.3 miles)
- Take **exit 128A** toward I-70 Connector S
- Keep **right** at the fork, follow signs for US-63 S/Jefferson City and merge on I-70 Connector S
- Use the **right 2 lanes** to take the ramp onto US-63 S (13.5 miles)
- Slight **right** (signs for Guthrie/Ashland)
- At the traffic circle, take the **1st exit** onto E Broadway
- At the next traffic circle, take the **2nd exit** and stay on E Broadway
- Continue onto E Rte M (6.6 miles)
- Turn **left** onto S River Rd (1.8 miles) Arrived Hartsburg.

Look carefully at the next few pages as there are a few routes to get between Glasgow and Jefferson City.

McDonald's opens at 5:30am and closes at 11pm. 602 E Broadway, Ashland, MO (573) 657-4050 There are many restaurants, stores, and motels in Columbia. The Ashland McDonald's is the closest one to the Hartsburg Access ramp and if food is being taken to meet the paddlers this will be the one to hit!

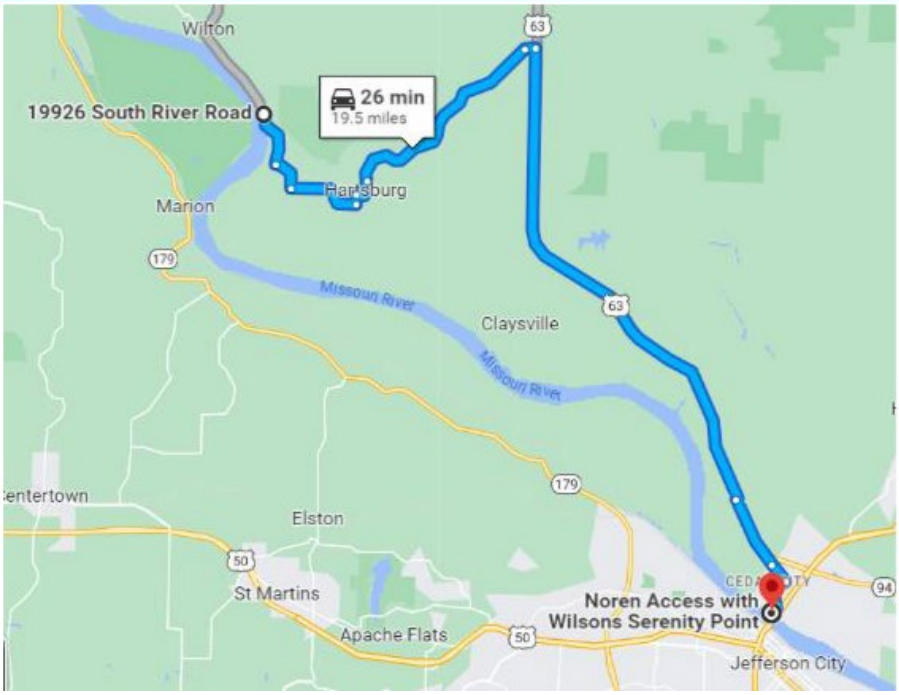
Hartsburg Access to Jefferson City CP #4

Wilson's Serenity Point at Noren Access

RL RM 144

19.5 miles 26 minutes

CP #4 CLOSES 4pm THURSDAY



- Start out going **south** on S River Rd (1.0 miles)
- Take the 1st **left** onto S River Rd (0.6 miles)
- Turn left to stay on River Rd (1.3 miles)
- Turn **left** onto S Bush Landing Rd (0.2 miles)
- Turn **right** onto S 2nd St (0.4 miles)
- N 2nd St becomes S Route A (4.2 miles)
- Turn **right** onto US Highway 63 S/US-63 S toward **Jefferson City** (9.3 miles)
- Turn **right** toward Renz Farm Rd (154 ft)
- Turn **left** onto Renz Farm Rd (1.3 miles)
- Renz Farm Rd becomes Cedar City Rd (0.4 miles)
- Turn **right** onto 4th St (0.2 miles)
- Take the 2nd **left** onto Cottonwood St. (0.6 miles)
- End of Cottonwood you have arrived

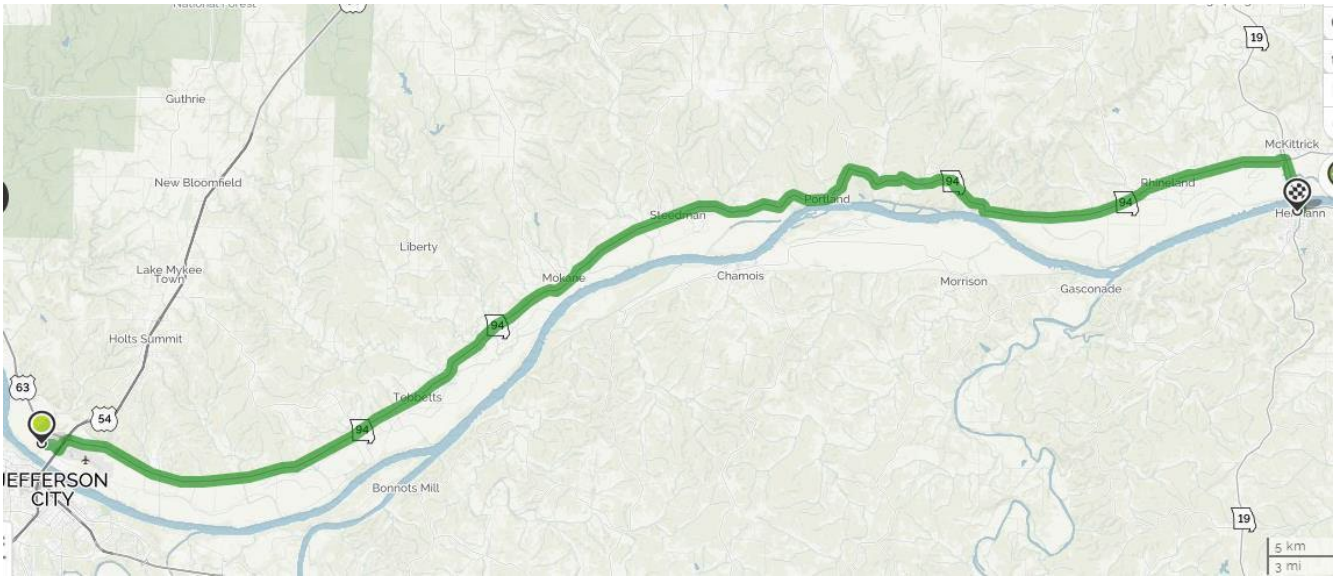
The Jefferson City/Noren checkpoint is usually well manned and stocked with people from Missouri American Water. The late Joe Wilson took the access on as his personal project years ago and it is a great access for the support teams. You can see the MO State Capitol building across the river from the access. If you need anything - Jefferson City will have it.

JEFFERSON CITY CP #4 TO HERMANN CP #5

RR RM 97.7

47.5 miles 53 minutes

CP #5 CLOSES 8am FRIDAY



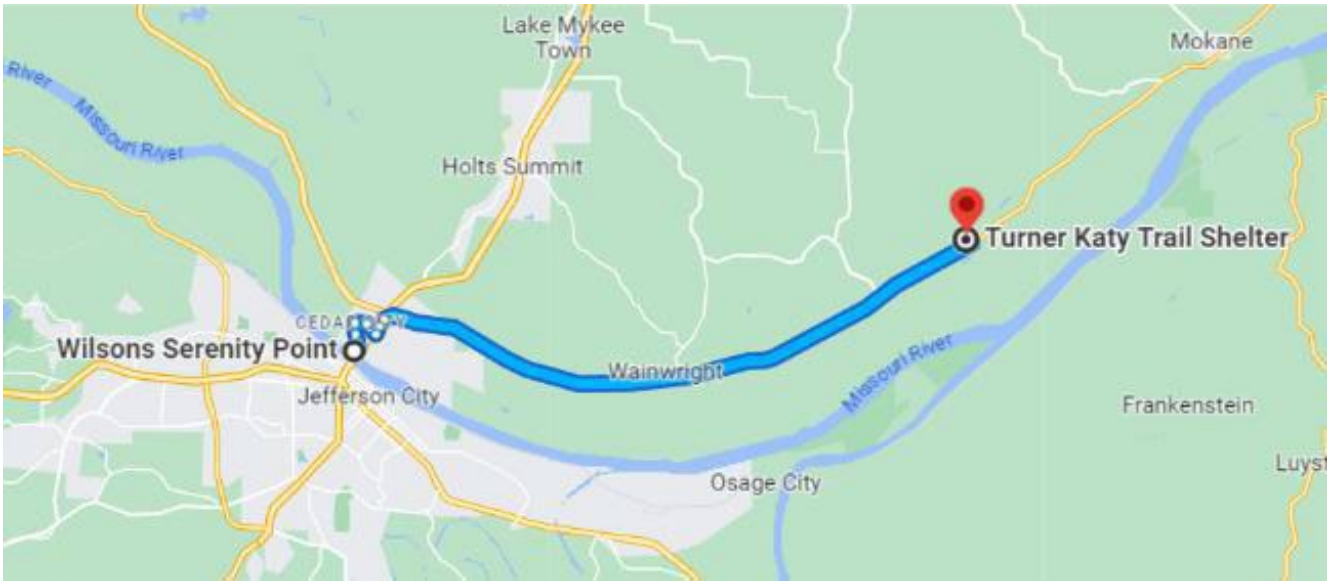
- Head east and continue **straight** onto Cottonwood St (0.6 miles)
- Turn **right** at 4th St (0.2 miles)
- Turn **right** at the second cross street onto Hwy W/Cedar City Dr (0.3 miles)
- Turn **left** to merge onto US 54 E/US 63 N (0.2 miles)
- Exit onto MO 94 E toward Mokane (29 miles)
- Turn **right** to stay on MO 94 E (15 miles)
- Turn **right** onto MO 19 S (1.6 miles – cross the bridge over the river)
- Turn **left** at E 1st St. (0.2 miles)
- Take the 2nd **left** onto Boat Ramp Rd

Note: Portland has a ramp if you must stop. Not ideal!

Jefferson City CP #4 to Tebbets, Turner Katy Trail Shelter

12039 Co Rd 485, Tebbets, MO

13.8 miles 20 minutes



The Turner Katy Trail Shelter is located in Tebbetts, Missouri. The shelter is open for individuals and groups, including youth groups, using the trail. It is run by the Conservation Foundation of Missouri Charitable Trust.

The shelter is two stories with 40 bunk style beds. Guests must bring their own bedding. There are showers, restrooms, air conditioning, and a kitchen with a refrigerator and microwave.

The cost is $10 per night per person.

To make a reservation, please call the office at 573-634-2322 or use the reservation form on the website:

https://www.conservemo.org/reservation-form.html

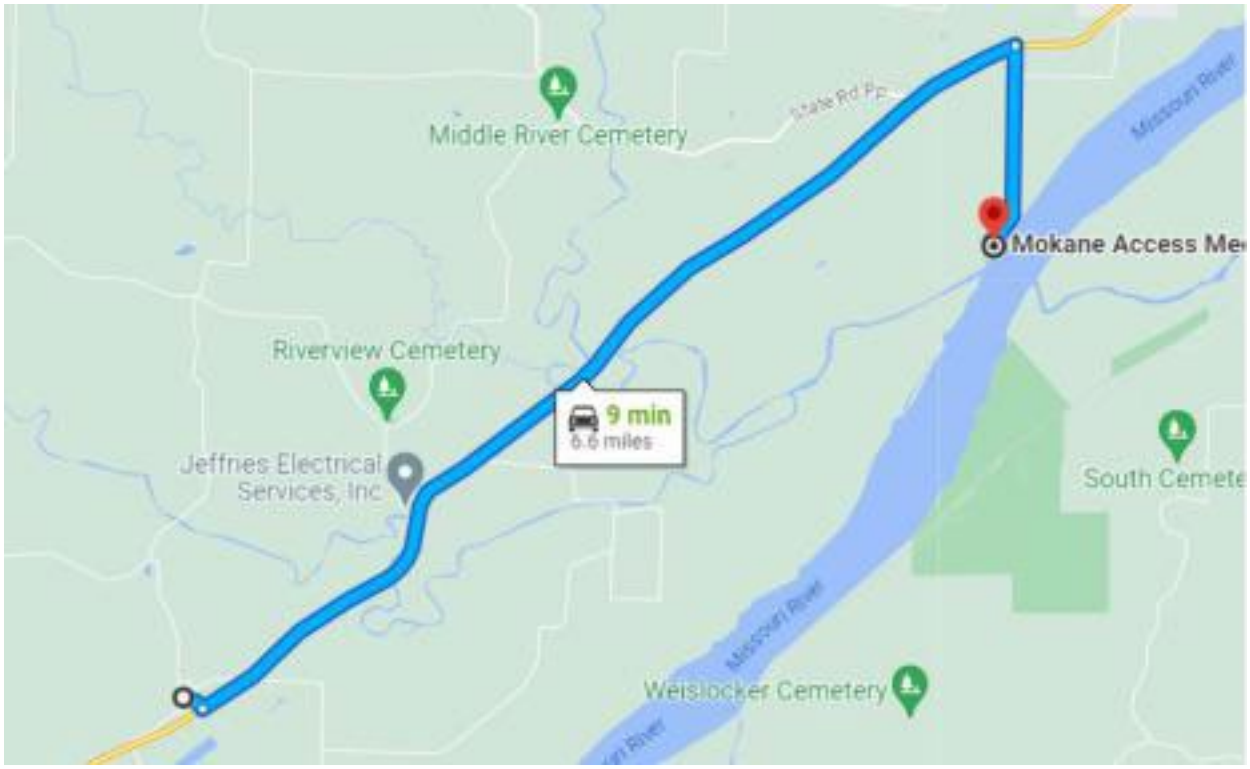
This is a great place to stop on the way to Hermann to grab a cat nap without train noise.

- Head east and continue **straight** onto Cottonwood St (0.6 miles)
- Turn **right** onto 4th St (0.2 miles)
- Turn **right** at the second cross street onto Hwy W/Cedar City Dr (0.3 miles)
- Turn **left** to merge onto US 54 E/US 63 N (0.2 miles)
- Exit onto MO 94 E toward Mokane (12.2 miles)
- Turn **left** onto Co Rd 485/Co Rte 485 (0.1 miles)
- Turn **left** onto Co Rd 4011 (62 feet)
- Turn **right** onto Co Rd 485/Co Rte 485 (66 feet) Destination is on the left
- 573-634-2322

Tebbets, MO to Mokane Access, MO

RL RM 124.7

6.8 miles 9 minutes

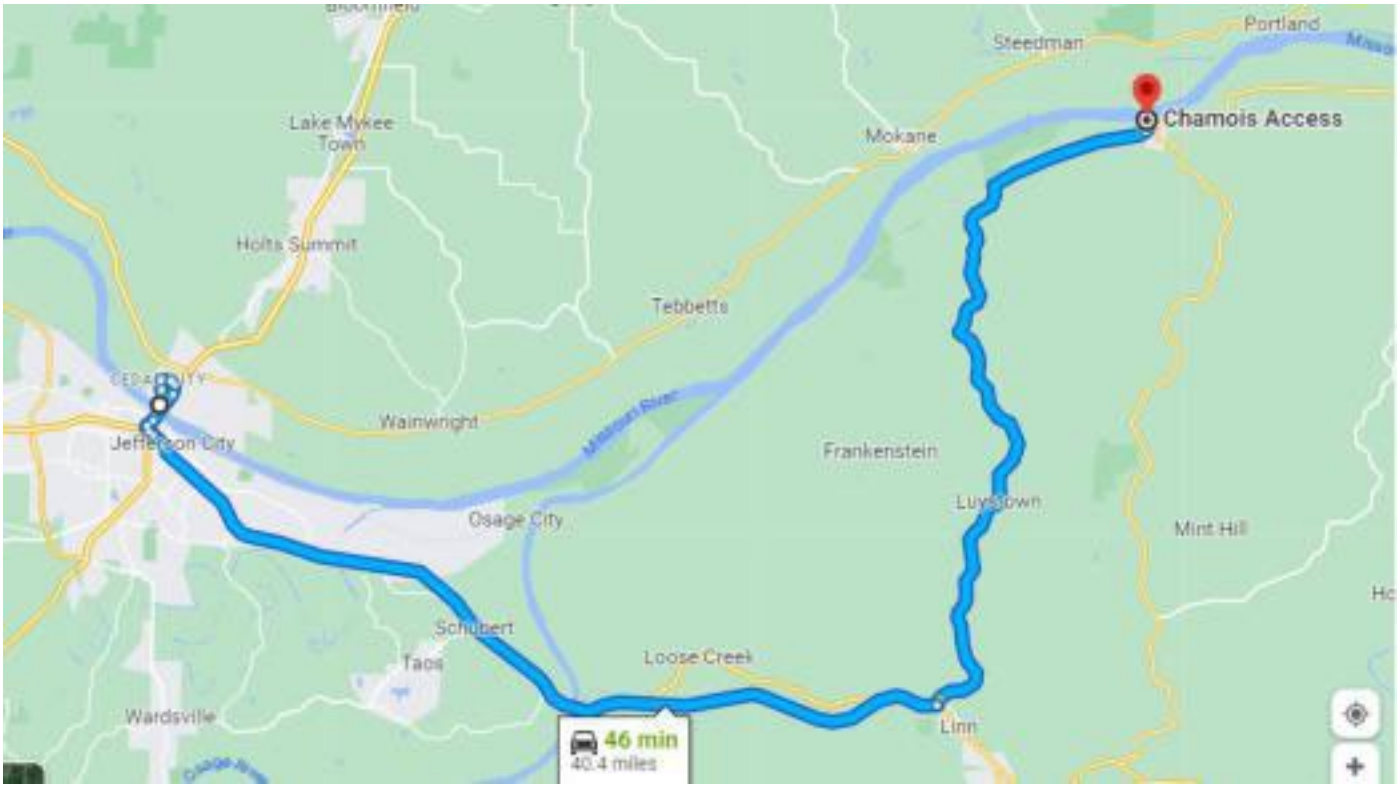


- Head southeast on Co Rd 485
- Take the 1st **left** onto MO 94 E (5.5 miles)
- Turn **right** onto Co Rd 479
- Arrive at Mokane

Jefferson City CP #4 to Chamois, MO

RR RM 117.9

40.4 miles 46 minutes



Chamois is a great place to stop! Bathrooms with showers, small park, shelter with tables, good parking, shade, and the ramp is nice.

- Head east and continue **straight** onto Cottonwood St (0.6 miles)
- Turn **right** at 4th St (0.2 miles)
- Turn **right** at the second cross street onto Hwy W/Cedar City Dr (0.1 miles)
- Take the ramp on your **right** to merge onto US 54 W/US 63 S (0.9 miles)
- Use the **middle lane** to take the US-50 W exit
- Keep **left**, follow signs for US-50 E/US-63 S (0.2 miles)
- Keep **right** at the fork to continue toward US-50 E/US-63/Rex M Whitton Espy (20.2 miles)
- Turn **left** onto MO-100 E (17.6 miles)
- Turn **left** onto N City Park Rd (0.3 miles)
- Destination will be on the left

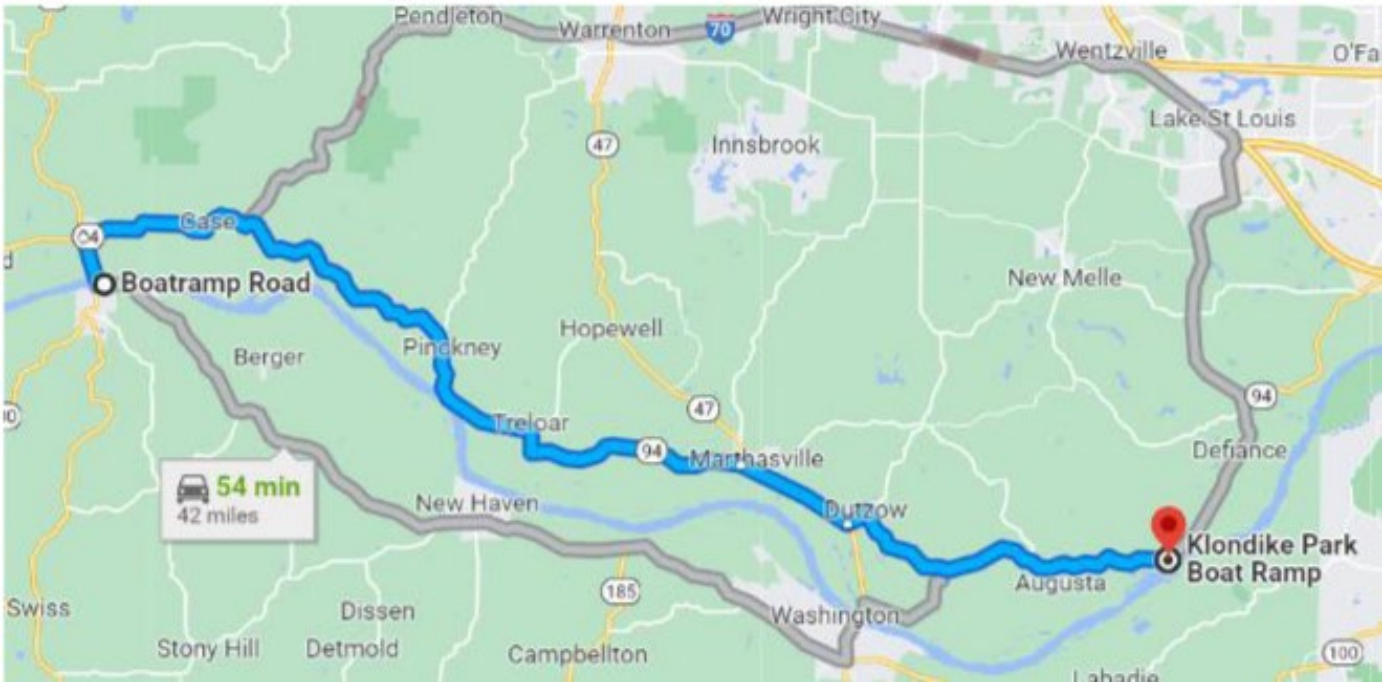
HERMANN CP #5 TO KLONDIKE PARK CP #6

Augusta, MO

RL RM 56.3

44.1 miles 57 minutes

CP #6 CLOSES 4pm FRIDAY

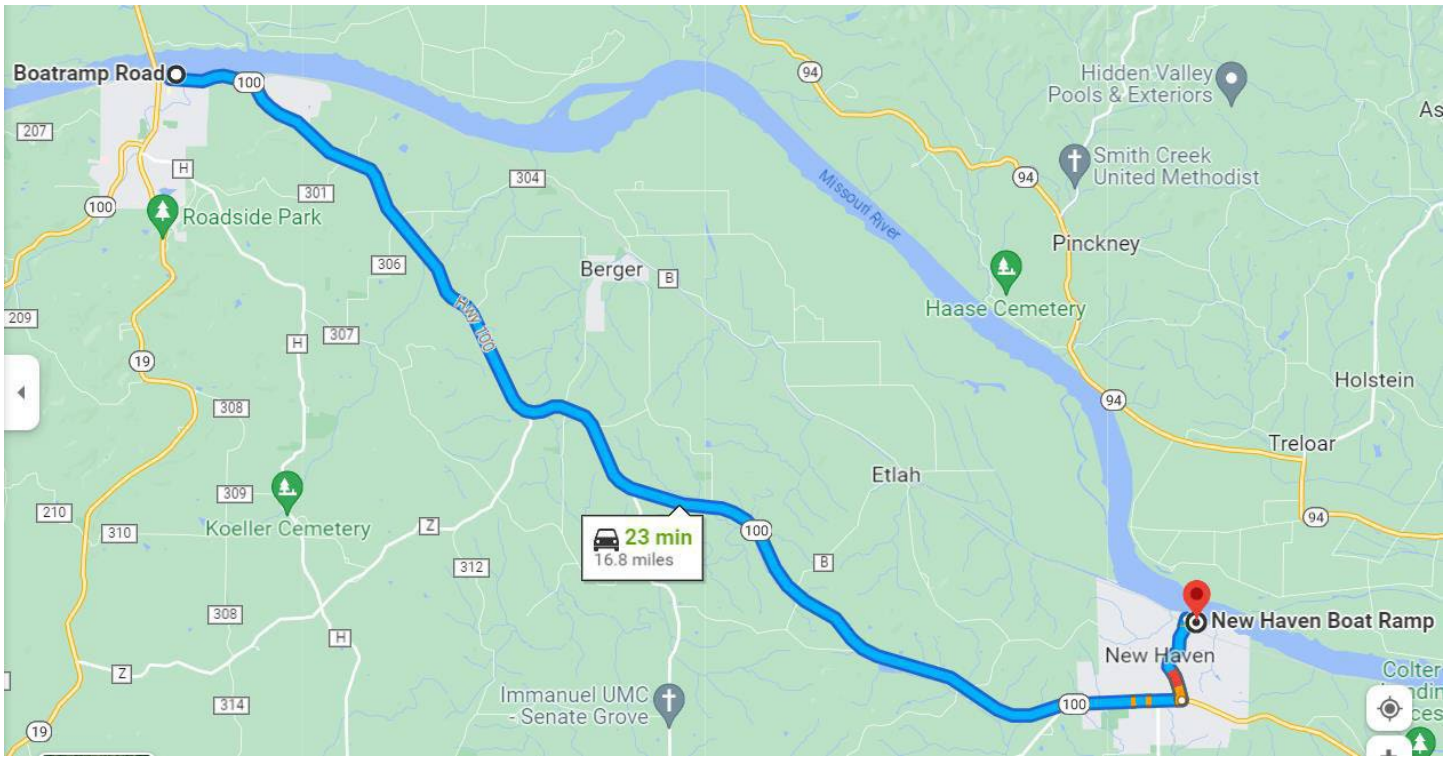


- Head **south** on Boat Ramp Rd toward Warf St
- Turn **right** on Warf St (358 feet)
- Turn **left** on Schiller St (256 feet)
- Turn **right** onto 1st St (0.1 miles)
- Turn **right** onto MO 19 N/Market St and continue to follow MO 19 N, back across the river (1.6 miles)
- Turn **right** onto MO 94 E (26.3 miles)
- Turn **right** onto MO-94 E/State Hwy 47 S (3.8 miles)
- Turn **left** onto MO-94 E (12.0 miles)
- Ramp is on your right.

Hermann Boat Ramp CP #5 to New Haven Boat Ramp

RR RM 81.4

16.8 miles 24 minutes



- Head **south** on Boat Ramp Rd toward Warf St
- Turn **left** onto MO-100 E/E 1st St (15.5 miles)
- Turn **left** onto Miller St (1.1 miles)
- Turn **right** onto Main, arrived (459 feet)

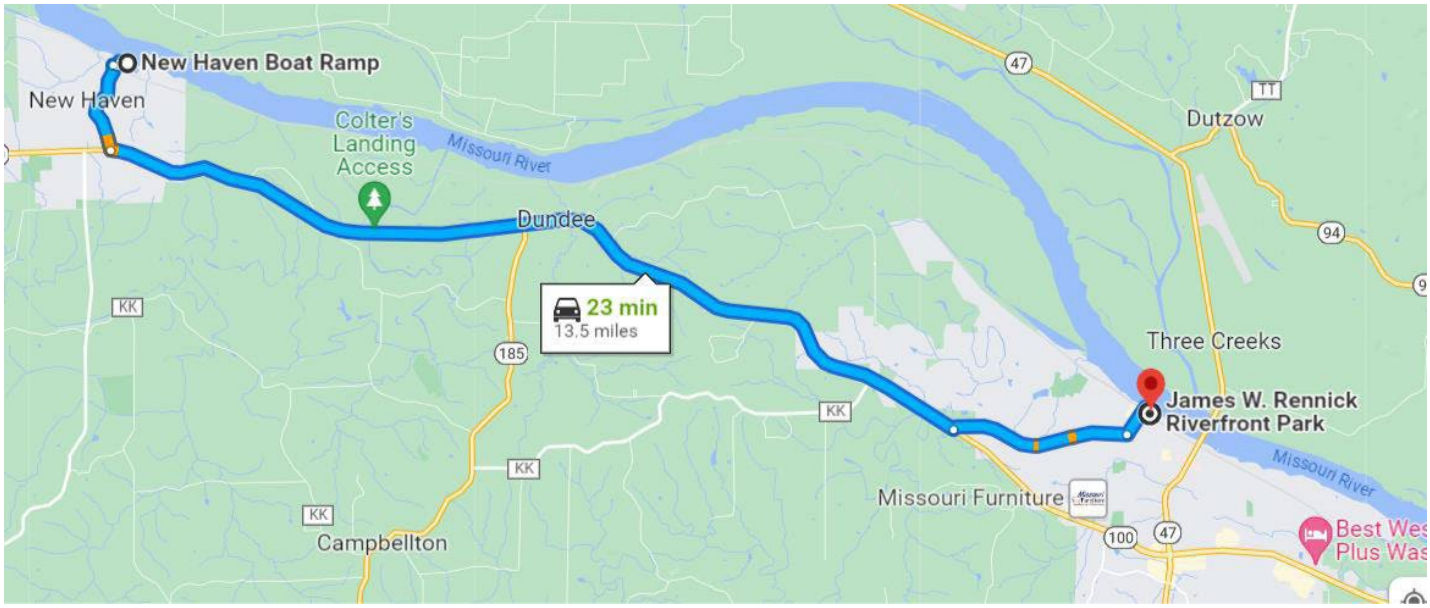
New Haven Boat Ramp to Washington, MO River Access

James W Rennick Riverfront Park

RR RM 68.3

13.5 miles 23 minutes

This is a great stop! Roomy, bathrooms, park, places to park.



- Head **northwest** on Main toward Cottonwood
- Take the **1st left** onto Cottonwood (This is Paddle Stop Brewery!)
- Turn **right** onto Front
- Turn **left** onto Miller St (1.0 miles)
- Turn **left** onto MO 100 E (10 miles)
- Turn **left** onto W 5th St (1.9 miles)
- Turn **left** onto Lafayette St (0.3 miles)
- Parking on your right

Sonic - 545 E 5th St Washington, MO 63090 (636) 390-4411

Open Wed 6am – 11pm
Thurs 6am – 11pm
Friday 6am - midnight

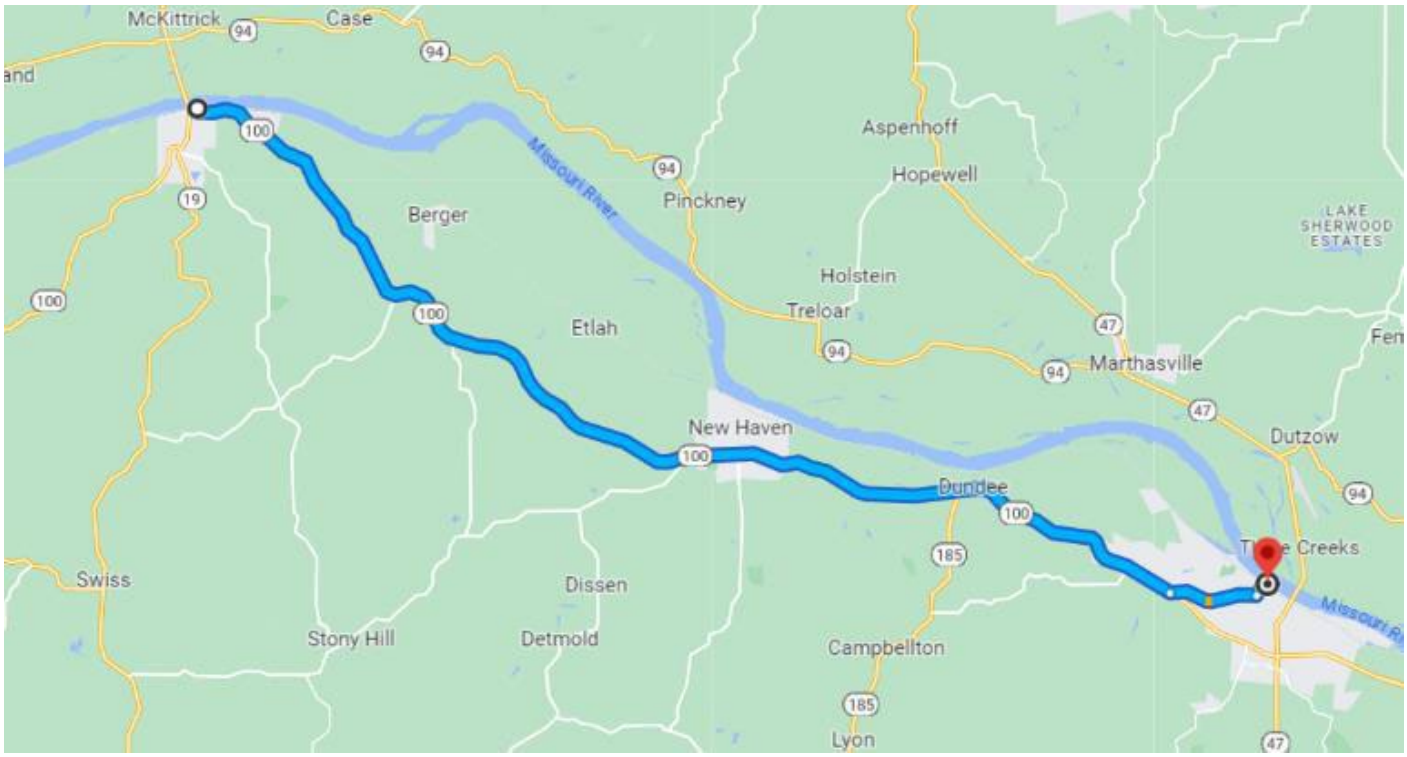
Go past Lafayette on 5th St, a few blocks to Sonic it's on the left.

Hermann CP #5 to Washington, MO River Access

(skipping New Haven)

RR RM 68.3

28 miles 38 minutes



- Turn **right** on Boat Ramp Road toward Warf St (358 ft)
- Turn **left** on Schiller St (256 feet)
- Turn **left** at the first cross street onto MO-100 E/E 1st St (25.5 miles)
- Turn **left** onto W 5th St (1.9 miles)
- Turn **left** onto Lafayette St (0.3 miles)
- Parking on your right

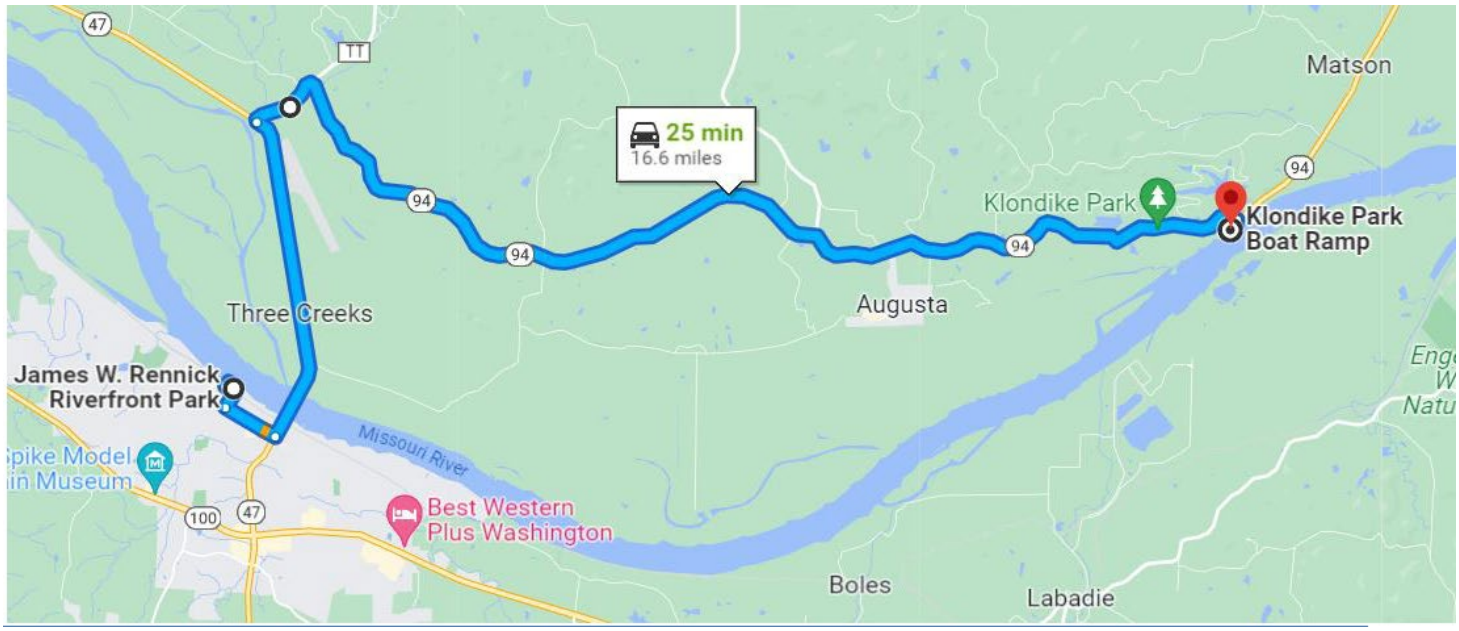
Washington, MO River Access to Klondike Park CP #6

Augusta, MO

RL RM 56.3

16.6 miles 25 minutes

CP #6 CLOSES 4pm FRIDAY

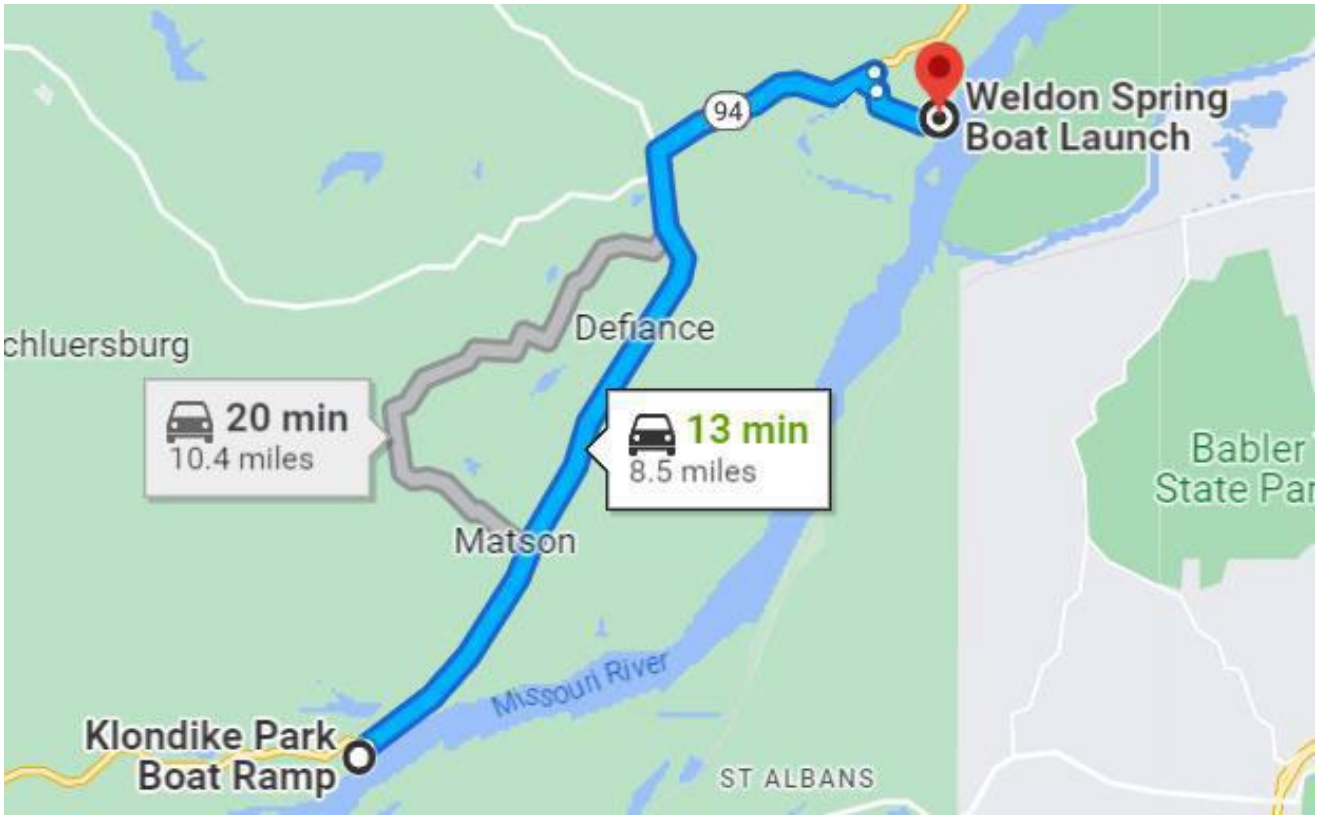


- Head southwest on Lafayette St (262 ft)
- Turn **left** onto W Front St (0.1 miles)
- Turn **right** on Market St (0.2 miles)
- Turn **left** onto 3rd St (0.6 miles)
- Turn **left** onto State Hwy 47 N (3.4 miles – cross the river)
- Turn **right** toward MO 94 E
- Turn **right** again to stay on MO 94 E (12.0 miles total on MO 94E)
- Look for Klondike Access Sign

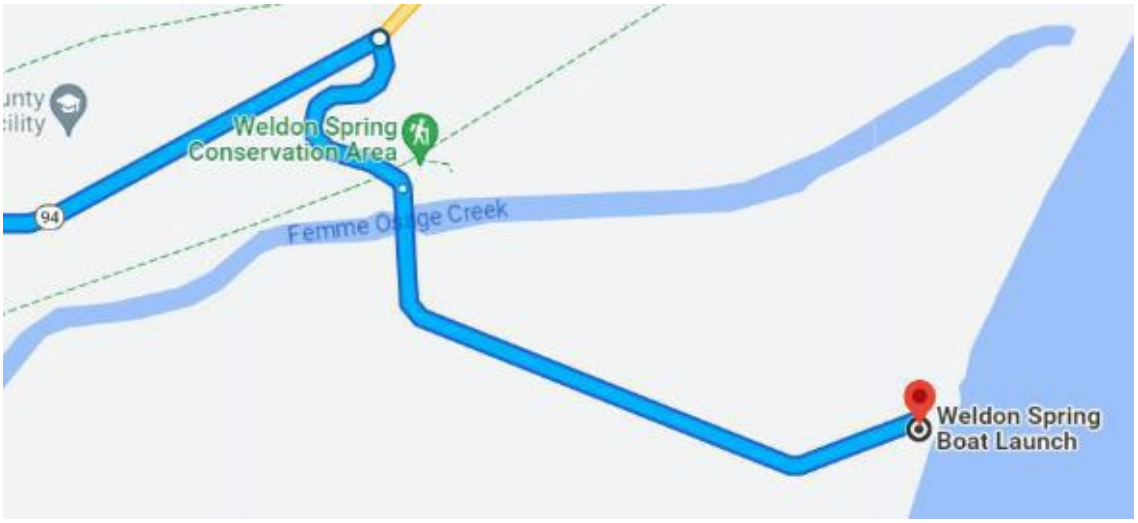
Klondike Park CP#6 to Weldon Spring Boat Launch

RL RM 48.6

8.5 miles 13 minutes

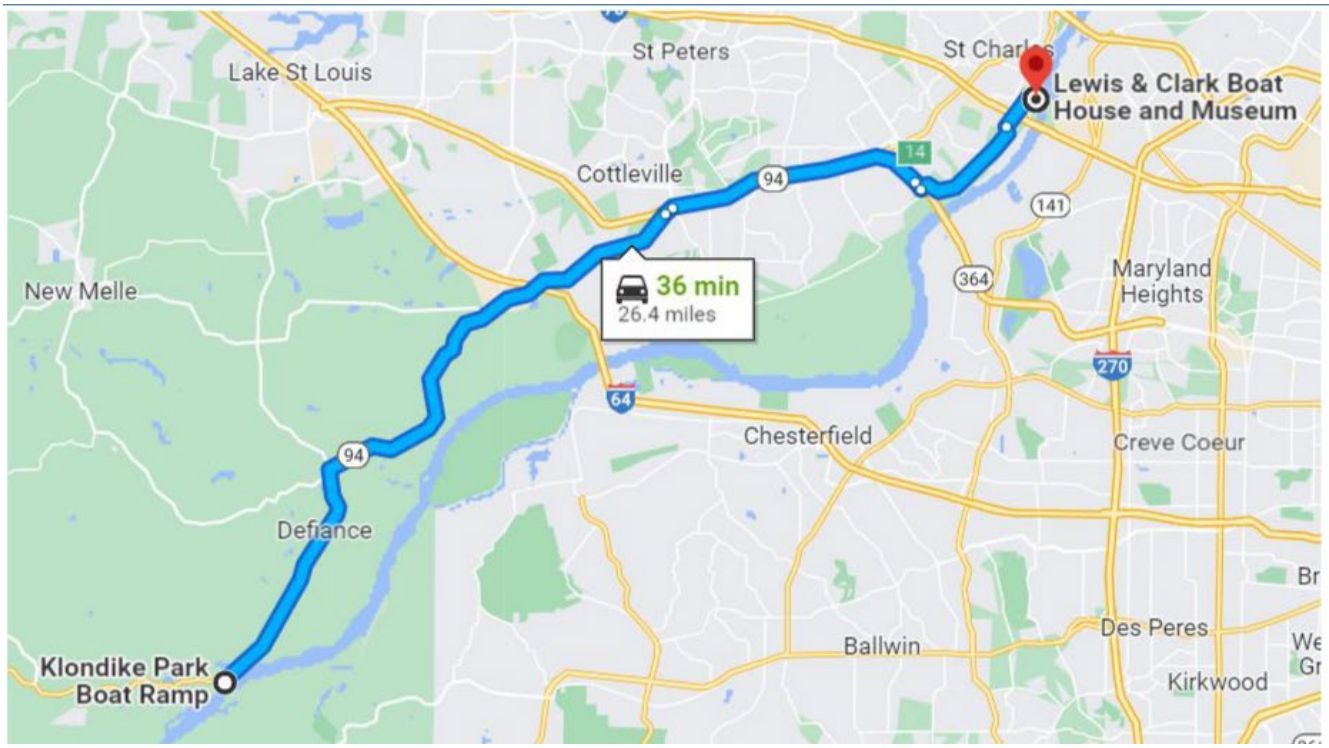
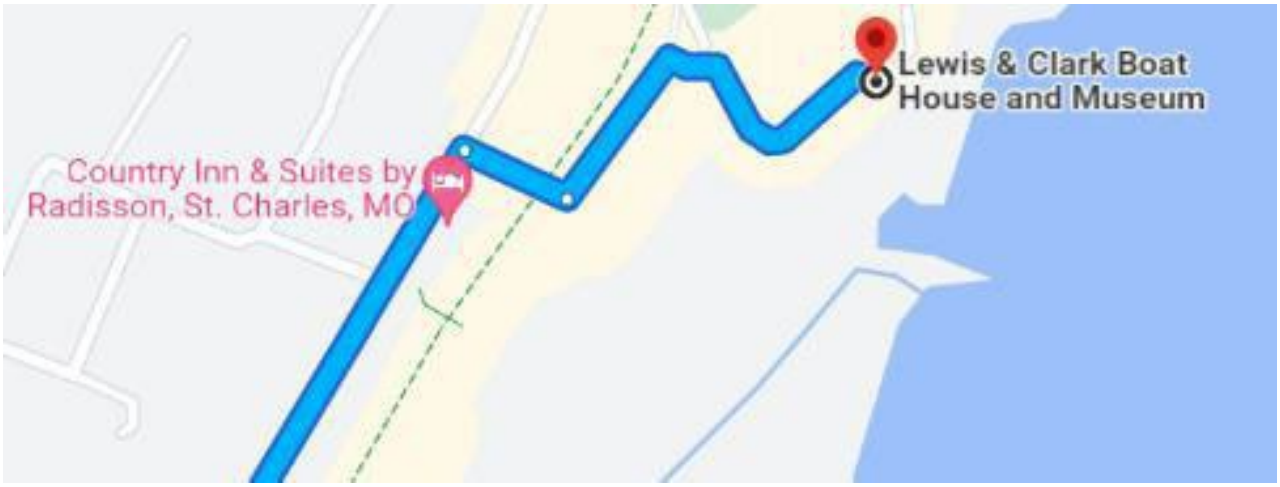


- Head east on MO 94 E toward Katy Trail (7.5 miles)
- Turn right into the Weldon Spring Conservation Area
- Cross the Katy Trail and head to the river access (0.2 miles – see detail below)



KLONDIKE PARK CP #6 to FINISH LINE

Lewis & Clark Museum, St. Charles, MO
RL RM 28.8
26.4 miles 36 minutes
CLOSES 9pm FRIDAY



- Head **east** on MO 94 E toward Katy Trail State Park (16.2 miles)
- Use the **left lane** to take the MO-364 E/MO-94 E ramp
- Merge onto MO-364 E (5.8 miles)
- Take **exit 14** for Arena Pkwy (0.2 miles)
- **Continue** on Arena Pkwy/S River Rd (2.7 miles)
- Turn **right** onto Main St (0.8 miles) Country Inn & Suites is at the end of Main St
- Turn **right** onto James MacKay Dr (292 feet)
- Turn **left** at "T" (0.1 miles)
- Turn **right** at fork (0.1 miles)