MR340

FOR YOUR SAFETY

PFD MUST be worn on water for duration of the race.
Navigation lights MUST be used when paddling at night.
Fog can build up quickly. DO NOT paddle in thick fog.
Inclement weather: Pull off the river.

WEAR PFD AT ALL TIMES ON THE RIVER

At least one safety boat will be stationed at check-points and paddlestops unless they are responding to a need for assistance.

Need Safety Boat Assistance on the river?
Primary Dispatch - 913-283-0690
Secondary Dispatch - 314-698-6069
Tertiary Dispatch - 573-289-2077

In case of a serious medical emergency, call 911 and give the closest mile marker number.
THEN call Safety Dispatch 913-283-0690

USE RACEOWLRACER APP FOR EASY CHECK-IN

If tracking, no need to manually check-in/out
Ground Crews use RaceOwl app.
OR Text **816-340-6395** (text only, no call)
Format: Boat # Checkpoint 3-letter day Time In/Out
Example: 0011 Waverly Tue 03:45PM In
Example: 0252 Jeff City Thu 07:15AM Out
Use checkpoint name as shown below.

CHECKPOINTS & CUTOFF TIMES

Waverly	MM 294	8pm Tue
Glasgow	MM 226	4pm Wed
Jeff City	MM 144	4pm Thu
Hermann	MM 98	8am Fri
Klondike	MM 56	4pm Fri
St. Charles	MM 29	9pm Fri

Optional Paddle Stops:

Lexington	MM 317
Miami	MM 263
Franklin Island	MM 196
Coopers Landing	MM170
New Haven	MM 81

Race Director - Steve Schnarr - 573-289-2077

Quitting the race?

YOU MUST NOTIFY US IF YOU DROP OUT FOR ANY REASON
USE DNF function in RaceOwlRacer app
OR TEXT 816-340-6395
boat# + location + time + DNF (DNF = Did Not Finish)
Example of text: 3394 Glasgow Wed 03:45PM DNF